

Monday
Tuesday
Wednesday
Thursday
Friday

Menus are subject to change



<p>1</p> <p>Sloppy Joe Or Pumpkin Ravioli Oven roasted potatoes Milk, fresh fruit, veggie dippers</p>	<p>2</p> <p>Whole grain pizza Chef's choice salad Milk, fresh fruit, veggie sticks</p>			
<p>5</p> <p>Chicken finger sub Or Broccoli & red pepper Quiche Oven fries Milk, fresh fruit, veggie dippers <i>Sandwich of the week, Cajun chicken sandwich</i></p>	<p>6</p> <p>Election Day No school <i>Salad of the week, Tortellini salad</i></p>	<p>7</p> <p>Macaroni & Cheese Steamed vegetable Whole wheat roll Milk, fresh fruit, veggie dippers</p>	<p>8</p> <p>Popcorn chicken Mashed potato & corn Bowl Roasted vegetable & Chic pea Bowl Milk, fresh fruit, veggie dippers</p>	<p>9</p> <p>Whole grain pizza Chef's choice salad Milk, fresh fruit, veggie sticks</p>
<p>12</p> <p>No School <i>No sandwich or salad of the week This week.</i></p>	<p>13</p> <p>Blackened chicken or Tofu Caesar salad WG bread stick Milk, fresh fruit, veggie dippers</p>	<p>14</p> <p>Stuffed shells Garlic green beans Garden salad, wheat roll Milk, fresh fruit, veggie dippers</p>	<p>15</p> <p>Traditional Turkey dinner <i>Turkey, stuffing, gravy, Mashed, whipped Butternut Focaccia, cranberry sauce Spice bars Milk, fresh fruit, veggie sticks</i></p>	<p>16</p> <p>French bread pizza Chef's choice salad Milk, fresh fruit, veggie sticks</p>
<p>19</p> <p>EXAMS</p> <p>Toasted cheese sandwich Tomato soup, chips Milk, fresh fruit, veggie dippers <i>No sandwich or salad of the week</i></p>	<p>20</p> <p>Exams</p> <p>Stuffed crust pizza Chef's choice salad Milk, fresh fruit, veggie dippers</p>	<p>21</p> <p>Thanksgiving Break</p>	<p>22</p> <p>Thanksgiving Break</p>	<p>23</p> <p>Thanksgiving Break</p>
<p>26</p> <p>Transition day No school <i>Sandwich of the week, Cheeseburger sub</i></p>	<p>27</p> <p>Cheese Quesadilla Brown rice Mexican street corn salad Milk, fresh fruit, veggie dippers <i>Salad of the week, Low Mein salad</i></p>	<p>28</p> <p>American Chop Suey Or vegetarian chop suey Steamed vegetable Milk, fresh fruit, veggie dippers</p>	<p>29</p> <p>Turkey bacon melt Eggplant parmesan on Focaccia Ranch Macaroni salad Milk, fresh fruit, veggie sticks</p>	<p>30</p> <p>White garlic pizza Chef's choice salad Milk, fresh fruit, veggie sticks</p>

This institution is an equal opportunity employer.
 1% fat free milk, fat free flavored milk 100% fruit juice served daily.
 Fresh fruit, veggie sticks and side salads served daily.
 Salad band deli bar served daily.

School lunch menus are available to everyone every day, also view menus on the WHS website.
 Hot soup served daily.
 Vegetarian options are available every day.
 Gluten free pasta available Wednesday's as well as pizza on Friday's, Gluten free bread.