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### Girls Field Hockey wins state championship

Congratulations to the field hockey team on their victory!

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## Wasson goes to Indiana for Best Buddies conference



**BEN ALLEN**  
SPORTS EDITOR

Over the summer in June, Winnacunnet senior Sarah Wasson traveled to the University of Indiana for a Best Buddies leadership conference. Over 3,000 people attended the conference, with representatives from over 50 different countries.

Best Buddies is an international nonprofit organization that creates opportunities for people with intellectual and developmental disabilities.

The leadership conference in Indiana has been going on for over 30 years.

Wasson said she knew she wanted to do Best Buddies from a young age, because of a summer camp she worked at for kids with special needs.

"I decided to join Best Buddies as a freshman because I wanted to help promote equality in our school and community," Wasson said. "I wanted to give back to the community and help make a difference."

Wasson was elected as the president of Winnacunnet's Best Buddies for this year.

"This is my fourth year doing Best Buddies," Wasson said. "I was the secretary last year, and this is my first year being president."

The conference was attended by chapter presidents and other of-



Sarah Wasson (left) poses with other presidents of NH Best Buddies chapters.

Courtesy Photo/Sarah Wasson

ficers, but Wasson was the only attendee from Winnacunnet.

"During the conference there was classroom sessions where guest speakers gave information on how to properly run our chapters and gave us different fundraising ideas," Wasson said.

Special Education teacher Susan Allen is the advisor for the Best Buddies program at Winnacunnet.

"The president of our Best Buddies chapter is required to attend," Allen said. "Sarah took it upon herself to go alone, she really did an amazing job."

Wasson said she decided to go so she could learn how to not only successfully run her Best Buddies chapter, but also make it enjoyable for everyone.

"I learned how I could expand my knowledge as a leader and learned how I could help benefit our school," Wasson said. "I wanted to find ideas and activities that would be fun and ideal for our group to do together."

Wasson said she definitely recommends other Winnacunnet officers and presidents to attend the conference.

"I definitely think this is a good conference to attend," Wasson said. "I learned a lot about how to better prepare myself for being the president of Best Buddies and I learned a lot about being a leader in general."

Allen also said Wasson was able to create a connection with the Oyster River chapter president while she was at the conference.

"Sarah is our best president yet, she came back with terrific ideas for activities," Allen said. "She is extremely hard working and enthusiastic, and I can't say enough about what she has done for our chapter."

## WHS welcomes French exchange students for two weeks



Winnacunnet students that are currently taking French welcomed their exchange students on Oct. 23.

Courtesy Photo/Colby Petalas



**ABIGAIL SALTMARSH**  
FEATURES EDITOR

This year, some of the Winnacunnet French students welcomed 13 students from France to stay with them for over a week.

Winnacunnet students hosted a group of French exchange students and adults from Saint Quentin, France. Last April, 10 of the Winnacunnet students travelled to France for a homestay program.

The students were here from October 23 to November 2. They showed their American counterparts throughout the day.

"I wanted to host a French exchange student this year so that I could broaden my knowledge of the world around me," senior Emily Eaton said. "To have another per-

son come and get to know them and how their culture is different than mine."

The students hosting this year also have the opportunity to travel to France in April.

"I am planning to go to France in April so that I can personally compare things from other countries," Eaton said.

Senior Lauren Hill said that she had never done anything like this program with students from another country and she had the best possible experience.

"I know a lot of teachers said that when they were a student they had an exchange student and it was one of their best experiences," Hill said. "Many of them also said they are still in touch with their student into their adult life."

Eaton said that she has really

enjoyed the experience and she thinks that her exchange student, Margaux Hercheux, is really nice. Eaton said that she communicated with her French student relatively easily but it is hard when they are in a larger group of people.

"The language barrier is a little bit difficult in conversations with friends but having her around is really cool because it is something new and different added to my usual day," Eaton said.

French teacher, Kelley Richards organized the trip and most of the activities that they went to this year.

In all of the French classes last year, it was announced that there was the opportunity to host a French exchange student.

"All you had to do it just contact her and she would set you up

with somebody," Eaton said. "They needed people so it wasn't on an application basis and I think everyone who requested to get one got one."

Hill said that she is so happy with how everything turned out and that this experience has been one of her favorite things she has done so far.

"Madame Richards did a really good job of pairing up the French students and the American students and we had many of the same interests," Hill said. "It was the best two weeks of my life."

The exchange students went on two field trips that their teacher, Séverine Henocque, set up. For one of those trips they went to Boston for the day to explore. They also went on field trips with their American host partner.

"The French students and their American host partner went to Portsmouth for the day," Eaton said.

Eaton said that she thinks that this is really eye opening experience to see how different culture is compared to other places.

She said that some of the things we do everyday are much different than something a teenager living in France would do.

"This experience is something that you couldn't learn about in a text book and I think that is really cool being the person to show our culture and everyday life style to others," Eaton said.

## Theater department puts on 'Nana's Naughty Knickers'



**AMANDA PORTER**  
STAFF

Winnacunnet High School put on a fall play of "Nana's Naughty Knickers." The general chemistry between the 10 actors was phenomenal. Three shows were put on last weekend.

The comedy was about a law student Bridget (played by Junior Erin Millette) going to live with her grandmother Sylvia Charles (played by Senior Jada Miles) for the summer in Manhattan before she is able to find her

own place. Antics ensue when Sylvia's friend Vera Walters (played by Junior Anne Carrigg) and Bridget discover Sylvia is illegally running a lingerie boutique called "Saucy Slips Etc."

"The first performance went very well," Carrigg said. "Everyone had very good energy, nothing got messed up and the crowd was very energetic. That really helped, it brought up the confidence in the actors."

In one scene Sylvia asked Bridget to hang a painting and when weight was put on a shelf a bookcase nearby opened to reveal Syl-



Senior Jada Miles (left) and junior Anne Carrigg act out a scene.

Staff Photo/Katherine Desmond

via's hidden stock for her boutique. For a few moments, Sylvia and Vera went back and forth, with Vera pull-

ing down the shelf and Sylvia trying

# OPINIONS

## THE WINNACHRONICLE

WINNACUNNET HIGH SCHOOL  
1 ALUMNI DRIVE, HAMPTON NH 03862  
PRINTED BY SEACOAST MEDIA GROUP

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## Students need to take A.L.I.C.E. training seriously



**JENNA MYERS**  
EDITOR-IN-CHIEF

Going to get Las Olas isn't beneficial if you don't know how to deal with very real threats you may face in the future. Many juniors and seniors decided not to attend mandatory A.L.I.C.E. training in October because they felt they had better things to do.

Recently, all Winnacunnet student were required to undergo A.L.I.C.E. training. Staff had previously completed online training earlier in the year.

An entire block of the day was dedicated to this training, clearly demonstrating the administration's

perceived need for the training. Unfortunately, many students and staff did not feel the same.

It is crucial to pay attention to this training. It could be vital to a student's survival in an extreme situation. By learning what to do in which situation, catastrophe can be avoided.

Nobody ever plans on being in a school shooting incident. They are unpredictable and are occurring more and more lately. In today's world, no one ever knows when disaster is about to strike.

Had A.L.I.C.E. training been mandatory for schools like Sandy Hook Elementary School and Marjory Stoneman Douglas High School trained their students with the new

method, it may have saved more lives.

The way that lockdown drills have been presented in the past is not only outdated but can be potentially dangerous.

Sitting in one place in a large group is no longer the safest way to deal with threats. Knowing and taking the new lockdown procedures seriously could be the difference between life or death.

The protocol that was explained does give strict direction in some instances but leaves reactions to some situations open-ended. During these circumstances, people need to use their judgment and trust their instinct.

It is essential for students to

pay attention when these important safety measures are being discussed. Being on phones or zoning out is disrespectful and dangerous.

Many students attempted to skip the assembly or stay in their previous classes, citing their workload as the cause.

Homework and personal preference need to take a back seat in order to put more influence on this training. Homework won't matter if there is an active shooter.

Students and staff need to make safety their first priority. These are not throwaway assemblies that are optional to attend. When Officer Deluca visits Warrior Block and asks for students to show up, it is essential that they do so.

## Gaps in classes are detrimental to information retention



**AMANDA PORTER**  
STAFF

With the coming of the second trimester, students are preparing for a change in their schedules.

Lots of classes are two trimesters long. These classes can sometimes get split up during the year, as in, a student could have Geometry first trimester and then third trimester. Having these gaps between classes is a terrible concept.

Having an entire trimester away from a class ensures the percentage of forgetting learned content increases.

The issue of having to be re-taught or relearn everything forgotten on a student's time would hinder them from progressing in the class when the next trimester comes around. This seems like a very backward concept when looked into so closely.

According to the Brookings Institution in a study done on students in the south between 2008 and 2012, students lose between 25-30 percent of learning done in school over the summer.

An average summer vacation is approximately two months. Trimester two is the longest of the trimesters, spanning from late November to mid-March.

This makes the second trimester around four months long. If students lose 30 percent of what they learned over two months, then the rate of loss would be significantly more over twice the time.

Especially since students will be attending other classes that will push previous information even further out of their mind.

Removing schedule gaps can cause a congested second trimester. During the second trimester, students would either be entering the



Graphic/ Amanda Porter

Students lose 30 percent of the knowledge they gained during the previous school year during summer break. This further shows that there should not be a gap for some classes, especially math classes.

A remedy for this could be making only select classes gap-less.

Classes that rely heavily on memorization or classes in which students are constantly learning topics they will need to use later should take place in consecutive trimesters.

Math, sciences and languages should be consecutive classes because there is a lot of memorization involved in taking these classes.

According to a study done by Harvard Graduate School of Education, "On average, students lose approximately 2.5 months of learning in math over the summer."

The study explained that students are more likely to lose math skills after an extended period away from a math class because students and parents view math as something that is not outside the classroom.

Reading is part of everyday life, unlike the majority of the top-

ics learned during a Geometry class.

Students lose essentially an entire first trimester of math over the summer, so having a gap in trimester two would be similar to taking a two trimester math class and not remembering a single topic learned.

Social studies and English classes could be excluded from occurring in consecutive trimesters because these classes are set up to deliver the information sequentially and then move on.

Most grammar topics in English are taught every year, which would leave out those topics from being considered as memorization.

Another way to try to avoid a very intense second trimester could be to give students the option to have the classes split or not.

When students are submitting classes for their schedule, they could make a note if they would

prefer consecutively or non-consecutively.

This plan would obviously have no effect if every student chose to have classes in consecutive trimesters.

Classes would fill up just as they do now. If a student submits classes for their schedule in a timely manner, they have the right to choose if they want a gap or not.

Students who tend to be a bit late to the game wouldn't have the same luxury because by that point the gap-less classes would be full.

Trimester class gaps are not beneficial to anybody. Students lose valuable knowledge, teachers need to spend unnecessary time reteaching and parents get frustrated with lackluster grades due to information loss. There needs to be a change.

Trimester gaps are detrimental to all students, especially in core classes. Winnacunnet needs to address this issue and prevent students from losing knowledge.

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### iPhones

Having an iPhone is extremely overrated. Most people only get an iPhone because all of their friends have one and it is easier to communicate through iMessage and FaceTime. Android phone have a battery that lasts much longer. Apple has even admitted to sending out updates to old iPhones that makes them slower so people will buy and buy the newest phones. For some versions of the iPhone, it is also impossible to charge your phone and listen to music at the same time.

### Candy Corn

Candy Corn is one of the most overrated candies out there. It is just sugar with an odd taste, and it is very easy to become sick after eating too much of it. Candy Corn also only applies to the Halloween theme, therefore are not even a candy people eat year round.

## OVER

## UNDER

WHAT'S OVERRATED AND UNDERRATED IN THE WHS COMMUNITY

### Staying In

While it is fun to go out with friends and hang out, it is also a good idea to stay home on a Friday night by yourself. It offers some time to think and relax after a long school week, and even go to bed early that night.



**BEN ALLEN**  
SPORTS EDITOR

### Country Music

Country music is underrated. The overall flow to the songs is much better than pop or rap music, and there is nothing better to listen to in the summer than country music. There's nothing better than driving with the windows down in the summer playing some country music with the boys.

## NEWS

## New club introduced at Hawley Library

HALEY BROWN

STAFF



Winnacunnet welcomed a new club, Hawley Library Innovations, that meets after school on Tuesdays and Thursdays from 2:30 to 3:25 p.m..

Library Director Linda Osborne and Technology Integrator Julie Hall is in charge of starting this club.

This time during last year, Osborne stated that a club had been started called Friends of Hawley Library.

"It was a way to get more kids into the library after school," Osborne said. "Over time the club had added a variety of activities for students to take part in which lead to it becoming the Hawley Library Innovations club."

Each month has a new activity for the club. Osborne said that this year the topics range from a Book Discussion, Software for imovie, 3-D Printing and games. Osborne stated that students are

able to advance their knowledge in these topics if they are not involved in a class that teaches about it.

"Each Tuesday and Thursday there is most likely going to be a different program taking place for the students that stay after," Osborne said. "This month, Tuesdays are for learning how to use iMovie to create little videos or getting started with Youtube. Thursdays will be teaching students how to use a 3-D printer."

Osborne said she got a grant approved by the Winnacunnet Foundations for purchasing the 3-D printer through Amazon.

Junior Tim Sicard is in charge of helping the staff members teach the students about how 3-D printing works.

"This club gives students and teachers the ability to produce and create tangible items out of their own ideas," Sicard said.

Osborne stated that Hall had gotten a grant from the Winnacunnet Foundations for a VR.

"Virtual Reality (VR) is the use of computer technology to create a simulated environment. Unlike traditional user interfaces, VR places the user inside an experience," Marxent Company website states. "Instead of viewing a screen in front of them, users are immersed and able to interact with 3-D worlds. By simulating as many senses as possible, such as vision, hearing, touch, even smell, the computer is transformed into a gatekeeper to this artificial world. The only limits to near-real VR experiences are the availability of content and cheap computing power."

Osborne said that headsets with microphones were also purchased along with the VRs in the grant purchase.

"To get the grant, we had to apply for it and get it approved by Winnacunnet Foundation," Osborne said. "The reason why we applied for these grants was to get materials that are used outside of the regular classroom materials."

## Interact Officers travel to New York for conference

KEELYN McNAMARA

NEWS EDITOR



Three of the Interact club officers, seniors Mills Waddell, Sarah Wasson, and junior Annie Rademacher embarked on a trip to New York City with other officers from New Hampshire and Maine Interact clubs to visit the United Nations (UN).

The trio left the morning of November 9th for Biddeford Maine, where they rode up with the other Interact officers and stayed two nights in New York City.

The group's main focus was visiting the United Nations but also had the opportunity to explore the city.

"A hundred and ninety-three countries are involved in the UN and they follow the Universal Declaration of Human Rights as guidelines for laws in their countries," historian Rademacher said. "The UN is where leaders of countries gather to discuss world issues and hash out any human rights violations."

At the United Nations, the group received a tour of the museum located inside the UN. They saw exhibits about human rights, the Holocaust as well as how it sparked the creation of the UN.

They also explored projects that the UN is currently working on around the world.

"We sat in on part of a meeting about healthcare around the world which was pretty surreal," Rademacher said.

The group also got to see the places where major decisions are made and where the countries meet and discuss certain issues.

"We saw the general assembly and the security council rooms," community outreach officer Wasson said. "It surprised me that the United Nations general assembly room wasn't super big even though there are a hundred plus countries in the room."

The Interact Club is directly linked with the Rotary Organization, which is an organization that unites people to work to create lasting change.

Wasson said that the Rotary club played a large role in the creation of the United Nations after World War II.

"This trip was really beneficial to go on because it showed us how exactly the Rotary helped with the creation of the UN and how even to this day they are still a major part of it," Wasson said.

Not only did the group learn about the overarching Rotary Organization but also they were able

to connect with the other officers and learn about what service projects other schools clubs had done.

"The trip was a very fun experience," Vice President Waddell said. "It was a great way to meet other people who are a part of Interact clubs at other schools and learn how their club operates."

The group also took some time to sightsee on top of the empire state building, visit time square and even seen the Broadway Musical, School of Rock. Waddell, Rademacher, and Wasson all said that the view from the top of the Empire State Building was one of their favorite parts of the trip.

"It was very cold and windy at the top of the Empire State Building but it was such a clear day that the view of the city was great," Waddell said.

Rademacher said that the trip not only was a fun experience but that there was a lot to take away and bring back to Winnacunnet's Interact club.

"We were able to really learn about the UN and connect with the other kids who share the same passion for volunteer work as we do at WHS," Rademacher said. "I'd love to do more international projects for WHS Interact and use the UDHR as inspiration for our project."

## LOCAL FOCUS

ABIGAIL SALTSMARSH  
FEATURES EDITOR

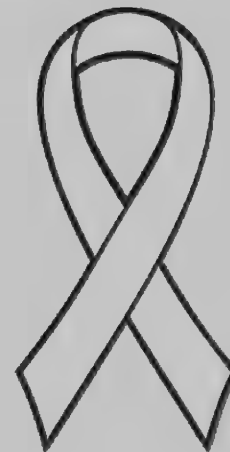
New Hampshire residents have started a "deer call" list. If a deer is hit (and killed) by a car on town roads, the carcass will be given to someone on the list. Rollinsford Police Chief Robert Ducharme said to Seacoast Online, "As long as they're a New Hampshire resident, the driver gets the first opportunity and if they don't want it, we offer it to other people who want it, so it doesn't go to waste."



Two members of the Little Warrior Cheerleaders, Anna Harty of Hampton and Elizabeth Clifton of Seabrook, will perform at the Citrus Bowl in Orlando on New Year's Day. They will represent the Warrior team.

The University of New Hampshire men's soccer team won the American East Championships and an automatic bid into the NCAA tournament. UNH scored three times in the first 13 minutes against Maryland-Baltimore County at Wildcat Stadium. The five goals scored was a season high.

Making Strides Against Breast Cancer had their annual walk in Exeter on Sunday October 21. Their involvement in this celebration has spanned 25 years. There were more than 600 walkers.



According to the National Weather Service New Hampshire could be looking at a warm winter for the forecast. Despite the warm winter prediction, it doesn't mean that there will be less snow. The same amount precipitation will fall whether it's snow, slush or freezing rain.

Applecree Farm Orchards employe and resident, Gert Eaton, was being forced to sell her home until an anonymous buyer bought the house for her. The anonymous buyer bought her house so she wouldn't have to move. The Eaton family announced that the sale was happening in a GoFundMe page set up by Eaton's daughter Trudy and neighbor Wendy Harrington. The was asked for \$275,000 in donations so she could buy the property.



In Portsmouth, they had a pumpkin smashing event held on Saturday October 21 during the Farmers' Market so that the pumpkins didn't go to waste. In front of the Portsmouth Police Station, pumpkins were smashed with anything that they could find. For a \$5 donation, you could choose any pumpkin and piece of equipment that you wanted to smash.



Courtesy Photo/Annie Rademacher

Interact club officers (from left to right) Seniors Sarah Wasson, Mills Waddell and Junior Annie Rademacher pose in front of statue outside of the United Nations.

Leslie Claridge

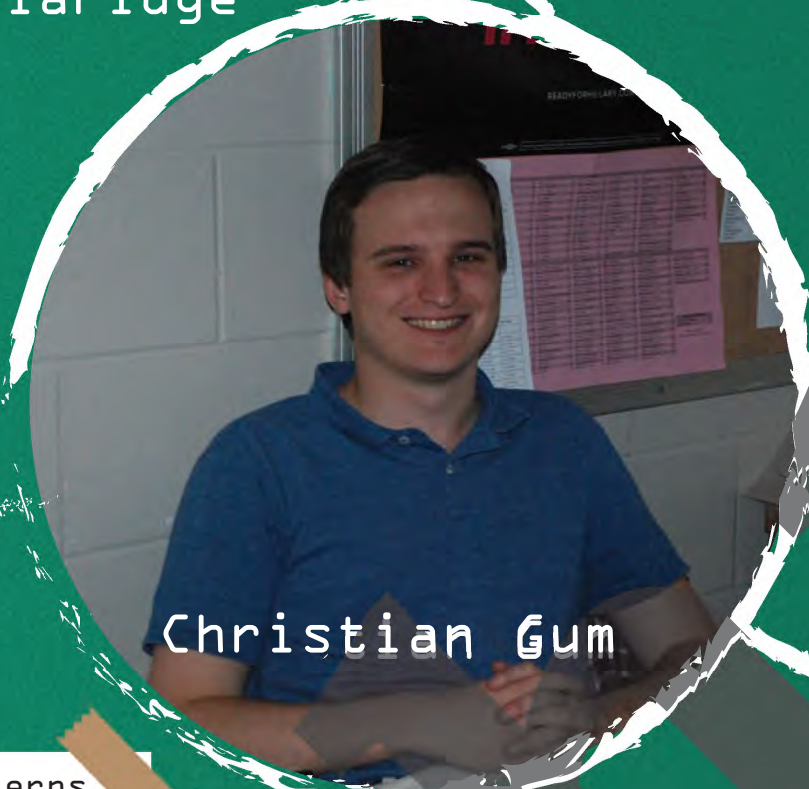


Leslie Claridge

SILAS RICHARDS



Christian Gum



Goth Visits North Korea and other remote countries

Intern Nathan Groth has been all over the world. He said he has visited somewhere close to 40 countries at this point in his life. His list includes some countries off the beaten path. Groth works with Andrew Wallace in the social studies department. "I am really enjoying it so far. I like the environment of the school," Groth said. "Especially coming into this career a little later than some of the other interns." Groth said he is looking forward to doing some professional teaching.

"I like to go to places that most people don't go for vacations," Groth said. "I've been to North Korea, Iran, Cuba and Moldova." He said he enjoys travelling to countries that seem difficult to get into.

"I've never been to Paris or Rome because I think they will always be in a place that I can go and visit," Groth said. "There's lots of countries that are changing really quickly and I'd rather investigate those while I have the time."

He travelled to North Korea several years ago with a company based in Beijing, China.

"From Beijing we took a flight to Pyongyang. It was actually very straightforward," Groth stated. "It was not very difficult to do. It was relatively expensive because of the logistics but in terms of what I had to go through to get into the country, it wasn't very difficult at all."

North Korea does not have a big tourist infrastructure. Groth said his flight was the only flight to land the day he travelled:

"There aren't very many tourists," Groth said. "When I went, there were about 2,000 Western tourists who had travelled to North Korea."

Groth was put in a hotel on an island in the middle of a river. A drawbridge would come down if they were not on an organized tour. He described the experience as very "stage managed".

"Iran was fairly difficult," Groth said. "I had to jump through a lot more logistical hoops to get in."

He travelled to Iran by himself. He did not have a guide. He said that most difficult part was the language barrier, as he does not speak Farsi, Iran's native language. The barrier was especially prevalent when going through airport customs and immigration. Groth said he was fingerprinted and kept in a room for a few hours by himself.

"That was a little nerve-wracking, but once that happened it was very smooth and people were incredibly friendly," Groth said. "Iran is probably my favorite country that I've been to."

Groth said he had been interested in Iran's culture for about a decade before he visited the country.

"Finally being able to go was very exciting for me," Groth said. "I was very surprised by how friendly everyone was, especially toward an American. You'll hear a lot about Iranian government attitudes toward America and it's often not very flattering."

STORY BY AMANDA PORTER

Social studies department receives five new interns

At the beginning of the school year the social studies department gained five new interns from UNH who aspire to be teachers one day. The five interns are Leslie Claridge, Nathan Groth, Christian Gum, Thomas Miller and Silas Richards. Today Richards and Miller are interns at Winnacunnet, but they graduated from Exeter.

"We're both former Blue Hawks so it's an interesting transition," Richards said.

Richards also is a volunteer cross country coach and enjoys spending time with his students outside of the classroom:

"It's cool to see the academic balance and see what the students enjoy doing outside of school," Richards said;

Both Richards and Miller agree that Winnacunnet social studies program was the best out of the participating schools, so it was a very easy decision as to what high school to pick:

"When comparing social studies departments, Winnacunnet is the best school by far," Miller said. "It's head and shoulders in every aspect better than the other schools."

They would also both go on to agree that the opportunities at Winnacunnet are far greater than any other school. They add that the ELO program exceeds their expectations:

"The resources available to students and teachers especially the ELO program is interesting," Richards said. "None of the other schools we looked into had it."

Claridge said that the atmosphere of Winnacunnet is great and that he feels very welcomed:

"It's an awesome school," Claridge said. "Everyone is very supportive." Claridge also added that the staff that he has worked with so far has been outstanding toward helping him as an intern

"The cooperation and openness of the faculty to get you involved and observe is definitely a pro about being an intern here," Claridge said:

Claridge wants to become a teacher in NH because of the change he wants to make as an educator within a community.

"I want to make an impact and connection with the students more than emphasizing the curriculum," Claridge said. "I want to help them become who they want to be"

The interns so far have made a positive impact on the social studies department and the Winnacunnet community as a whole. Social Studies teacher Rachel Roberge said they also bring lots to the table in the classroom:

"He [Miller] has a lot of new energy," Roberge said. "Every said they were enthusiastic about being apart of Winnacunnet even if they went to Exeter."

STORY BY MAX STRATER

SOCIAL STUDIES INTERNS

SPREAD BY KEELYN MCNAMARA

Thomas Miller



Nathan Groth

## New club introduced at Hawley Library



**HALEY BROWN**  
STAFF

Winnacunnet welcomed a new club, Hawley Library Innovations, that meets after school on Tuesdays and Thursdays from 2:30 to 3:25 p.m..

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"This club gives students and teachers the ability to produce and create tangible items out of their own ideas," Sicard said.

Osborne stated that Hall had gotten a grant from the Winnacunnet Foundations for a VR.

"Virtual Reality (VR) is the use of computer technology to create a simulated environment. Unlike traditional user interfaces, VR places the user inside an experience," Marxent Company website states. "Instead of viewing a screen in front of them, users are immersed and able to interact with 3-D worlds. By simulating as many senses as possible, such as vision, hearing, touch, even smell, the computer is transformed into a gatekeeper to this artificial world. The only limits to near-real VR experiences are the availability of content and cheap computing power."

Osborne said that headsets with microphones were also purchased along with the VRs in the grant purchase.

"To get the grant, we had to apply for it and get it approved by Winnacunnet Foundation," Osborne said. "The reason why we applied for these grants was to get materials that are used outside of the regular classroom materials."

## Interact Officers travel to New York for conference



**KEELYN MCNAMARA**  
NEWS EDITOR

Three of the Interact club officers, seniors Mills Waddell, Sarah Wasson, and junior Annie Rademacher embarked on a trip to New York City with other officers from New Hampshire and Maine Interact clubs to visit the United Nations (UN).

The trio left the morning of November 9th for Biddeford Maine, where they rode up with the other Interact officers and stayed two nights in New York City.

The group's main focus was visiting the United Nations but also had the opportunity to explore the city.

"A hundred and ninety-three countries are involved in the UN and they follow the Universal Declaration of Human Rights as guidelines for laws in their countries," historian Rademacher said. "The UN is where leaders of countries gather to discuss world issues and hash out any human rights violations."

At the United Nations, the group received a tour of the museum located inside the UN. They saw exhibits about human rights, the Holocaust as well as how it sparked the creation of the UN.

They also explored projects that the UN is currently working on around the world.

"We sat in on part of a meeting about healthcare around the world which was pretty surreal," Rademacher said.

The group also got to see the places where major decisions are made and where the countries meet and discuss certain issues.

"We saw the general assembly and the security council rooms," community outreach officer Wasson said. "It surprised me that the United Nations general assembly room wasn't super big even though there are a hundred plus countries in the room."

The Interact Club is directly linked with the Rotary Organization, which is an organization that unites people to work to create lasting change.

Wasson said that the Rotary club played a large role in the creation of the United Nations after World War II.

"This trip was really beneficial to go on because it showed us how exactly the Rotary helped with the creation of the UN and how even to this day they are still a major part of it," Wasson said.

Not only did the group learn about the overarching Rotary Organization but also they were able

to connect with the other officers and learn about what service projects other schools clubs had done.

"The trip was a very fun experience," Vice President Waddell said. "It was a great way to meet other people who are a part of Interact clubs at other schools and learn how their club operates."

The group also took some time to sightsee on top of the empire state building, visit time square and even seen the Broadway Musical, School of Rock. Waddell, Rademacher, and Wasson all said that the view from the top of the Empire State Building was one of their favorite parts of the trip.

"It was very cold and windy at the top of the Empire State Building but it was such a clear day that the view of the city was great," Waddell said.

Rademacher said that the trip not only was a fun experience but that there was a lot to take away and bring back to Winnacunnet's Interact club.

"We were able to really learn about the UN and connect with the other kids who share the same passion for volunteer work as we do at WHS," Rademacher said. "I'd love to do more international projects for WHS Interact and use the UDHR as inspiration for our project."

## LOCAL FOCUS



**ABIGAIL SALTSMARSH**  
FEATURES EDITOR

New Hampshire residents have started a "deer call" list. If a deer is hit (and killed) by a car on town roads, the carcass will be given to someone on the list. Rollinsford Police Chief Robert Ducharme said to Seacoast Online, "As long as they're a New Hampshire resident, the driver gets the first opportunity and if they don't want it, we offer it to other people who want it, so it doesn't go to waste."



Two members of the Little Warrior Cheerleaders, Anna Harty of Hampton and Elizabeth Clifton of Seabrook, will perform at the Citrus Bowl in Orlando on New Year's Day. They will represent the Warrior team.

The University of New Hampshire men's soccer team won the American East Championships and an automatic bid into the NCAA tournament. UNH scored three times in the first 13 minutes against Maryland-Baltimore County at Wildcat Stadium. The five goals scored was a season high.

Making Strides Against Breast Cancer had their annual walk in Exeter on Sunday October 21. Their involvement in this celebration has spanned 25 years. There were more than 600 walkers.



According to the National Weather Service New Hampshire could be looking at a warm winter for the forecast. Despite the warm winter prediction, it doesn't mean that there will be less snow. The same amount precipitation will fall whether it's snow, slush or freezing rain.

Applecree Farm Orchards employe and resident, Gert Eaton, was being forced to sell her home until an anonymous buyer bought the house for her. The anonymous buyer bought her house so she wouldn't have to move. The Eaton family announced that the sale was happening in a GoFundMe page set up by Eaton's daughter Trudy and neighbor Wendy Harrington. The was asked for \$275,000 in donations so she could buy the property.



In Portsmouth, they had a pumpkin smashing event held on Saturday October 21 during the Farmers' Market so that the pumpkins didn't go to waste. In front of the Portsmouth Police Station, pumpkins were smashed with anything that they could find. For a \$5 donation, you could choose any pumpkin and piece of equipment that you wanted to smash.



Courtesy Photo/Annie Rademacher  
Interact club officers (from left to right) Seniors Sarah Wasson, Mills Waddell and Junior Annie Rademacher pose in front of statue outside of the United Nations.

# O'Connor's new club discusses issues



**JENNA MYERS**  
EDITOR-IN-CHIEF

Senior Lidet O'Connor started a new club called Diversity Student Alliance at Winnacunnet. The aim of the club is to promote comfort and an ability to talk about controversial issues in today's society.

"I wanted to create a safe space for people to talk about many of the issues that are not addressed in the classroom," O'Connor said. "Classes tend to stay away from issues that may offend people but I think it's important to be able to have an honest and open conversation about it."

The group will talk about issues facing the world, such as LGBT rights, racial equality and words or terms that there is no definitive ruling on.

"I was looking at my time at [Winnacunnet] and I noticed that some things are never discussed in a classroom setting," O'Connor said. "It isn't considered correct for educators to start these conversations but they are necessary to make the school better."

Diversity Student Alliance is advised by social studies teachers Andrew Wallace and Wendy Bergeron.

The club started through an Extended Learning Opportunity that

O'Connor participated in. She is completing a research project, and starting this club was the manner she chose to present her finding to the community.

The first meeting of DSA was held on October 17 after school. The club meets every first and fourth Wednesday of the month.

"There were a lot of kids that showed up to the first meeting," O'Connor said. "I was expecting a few more but we had to change the original date due to a conflict, so it was good for the situation."

O'Connor was able to start the club with permission from the administration.

"[Principal William McGowan and Assistant Principal Michael Daboul] were happy to help me start the club," O'Connor said. "They were very supportive and gave me the go-ahead to make this a reality."

Currently, the club is in the process of selecting officers. To become an officer, members of the club need to write a short essay and O'Connor, in conjunction with the staff advisers, will select qualified candidates.

In the future, O'Connor said she hopes to invite guest speakers, play games in order to get to know members better and help members with their own personal growth.



Courtesy Photo/Lidet O'Connor  
Senior Brenna Mooney and freshman Brian Mooney pose with Diversity Alliance poster at first club meeting

# Positive Pathways club successfully puts on Positive Warrior Week



**HALEY BROWN**  
STAFF

Positive Warrior week took place from October 22 through the 26 at Winnacunnet.

The Positive Pathways Club was in charge of putting the Positive Warrior week together. They meet once a month in room E114 during Warrior block.

The club is run by ELO Coordinator Donna Couture and Winnacunnet's School Psychologist Christa D'Amico. This club is open for anyone to join.

"The participation from the

students was a great turn out during that week," D'Amico said. "Since then, we have had a lot of positive feedback about all of the activities throughout the week."

Couture said that Monday was a day for communication toward others, Tuesday was the positivity wall during lunches, Wednesday was unity day, Thursday was participation with the clothespin sayings and Friday was attributed to student shoutouts.

Communication toward others is for a student to say "Hello" or give a friendly wave to others that the student would cross paths with in the hall.

The Positive Pathways club started a positivity wall where students could write down a positive word or saying on a big sheet of paper hanging on one of the dining hall's walls.

On unity day the students were encouraged to wear an orange ribbon throughout the day to support strides against bullying.

The clothespin activity was where a student wrote something nice and pinned it on another student. This promoted positivity through the school and helped make someone feel appreciated.

The student shout outs were toward students in school who were

acknowledged for an act of kindness.

"Every year, the Positive Pathways Club participated with Unity Day by creating activities all through out that day," Couture said. "This year we decided to turn it into a whole week to spread positivity through the school."

According to the Pacer website Unity Day is on October 24 every year and is meant to unite kindness and prevent bullying. Pacer is a National Bullying Prevention Center that provides information on preventing certain situations involved with bullying.

"Toward the end of the sum-

mer, Mrs. Couture, and I had received some documents called the Sandy Hook Promise which is meant to promote positivity throughout the school," D'Amico said. "Our intentions were to start off the school year with being positive towards others."

Stated on the Sandy Hook Promise website, it is an organization that works to build a national movement of parents, schools and community organizations engaged and empowered to deliver gun violence prevention programs and mobilize for the passage of sensible state and national policy.

## Congratulations!



Freshman Kerrin Shea won the title of

### Miss Granite State's Outstanding Teen

She also won the talent portion, with her song "Fly Me to The Moon" and the interview award.

She ran on her anti-bullying campaign,

#### "Kerrin Creating Kindness"

The Miss America's Outstanding Teen Program is part of the Miss America Program. This competition is based on girls who have poise, personality, interview and public speaking skills, community service, talent, and good academic and personal record.



Courtesy photos by Barbara Shea

# What can people do to prevent climate change?

story by Faith Carrigg  
layout by Jenna Myers and Faith Carrigg

## CLIMATE CHANGE

Over the last century, the use of fossil fuels such as coal and oil caused an increase in the amount of carbon dioxide (CO<sub>2</sub>) in the atmosphere. This is one of the causes of climate change, as the increase of CO<sub>2</sub> is impacting the balance of the gasses in the atmosphere.

It can be prevented if people burn less fossil fuels. Instead of burning oil through lamps, vehicles and other appliances, try using natural sunlight, or a different mode of transportation. If using a car is unavoidable, try car-pooling with others. To avoid using a car, bikes and skateboards provide a green way to get around. Also, riding a bike or skateboarding is a great form of exercise and learning to ride for the first time can be a fun experience.

CO<sub>2</sub> is a greenhouse gas, which the levels of are also increasing. Greenhouse gasses absorb infrared radiation, causing the Earth to become warmer. This in turn, causes the water to warm up and ice to melt, increasing the sea level. Greenhouse gasses trap heat in the atmosphere, and this is also causing solar irradiance. Solar irradiance is change in the sun's energy.

According to the Intergovernmental Panel on Climate Change (IPCC), there is a total carbon budget of 2900 GtCO<sub>2</sub>. Between 18 and 2011, 65 percent (1900 of the 2900) have been used up, showing that there isn't much time until the GtCO<sub>2</sub> is gone.

It's very important that the carbon budget does not run out because once it's gone there's no getting it back.

The most powerful greenhouse gasses are Fluorinated gasses (hydrofluorocarbons, perfluorocarbons, sulfur hexafluoride and



nitrogen trifluoride) and there isn't much that can be done to decrease their levels because they are emitted in small quantities. They are high Global Warming Potential (GWP) gasses.

The gasses can vary how long they stay in the atmosphere, from a few to a few thousand years, according to the United States Environmental Protection Agency (USEPA). They mix, so the amount is about the same all around the world regardless of where they were emitted from.

It can be prevented if people try to decrease amounts of greenhouse gasses, which means decreasing use of fossil fuels as some their emissions (carbon dioxide, methane and nitrous oxide) are greenhouse gasses.

According to the New Hampshire Public Radio, on October 2018 there was a debate in Portsmouth on what should happen with the policy.

People came from all over the world to talk about it. The debate did not focus on the human impact, moreso the cost and benefits of the policies used to battle climate change.

There were 11 panelists, including moderator Kevin Fay, keynote-speaker Dr. Bjorn Lomborg, Mikko Paunio, Dr. Benny Peiser, Florence Reed and Dr. Joyashree Roy. According to the article, Lomborg and Paunio both believed that climate change would be too costly or severe enough in the respect that it cannot combat the rise of renewable energy. Paunio has also been an advocate for trash incineration instead of recycling plastic.



Amount of Carbon Budget Used as of 2017

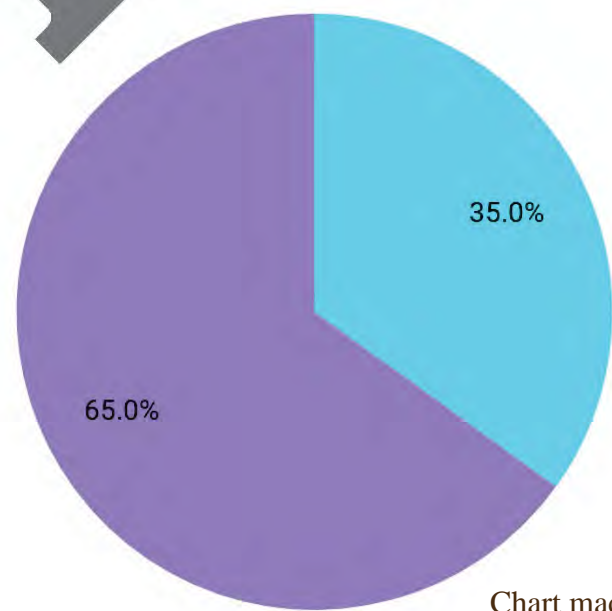
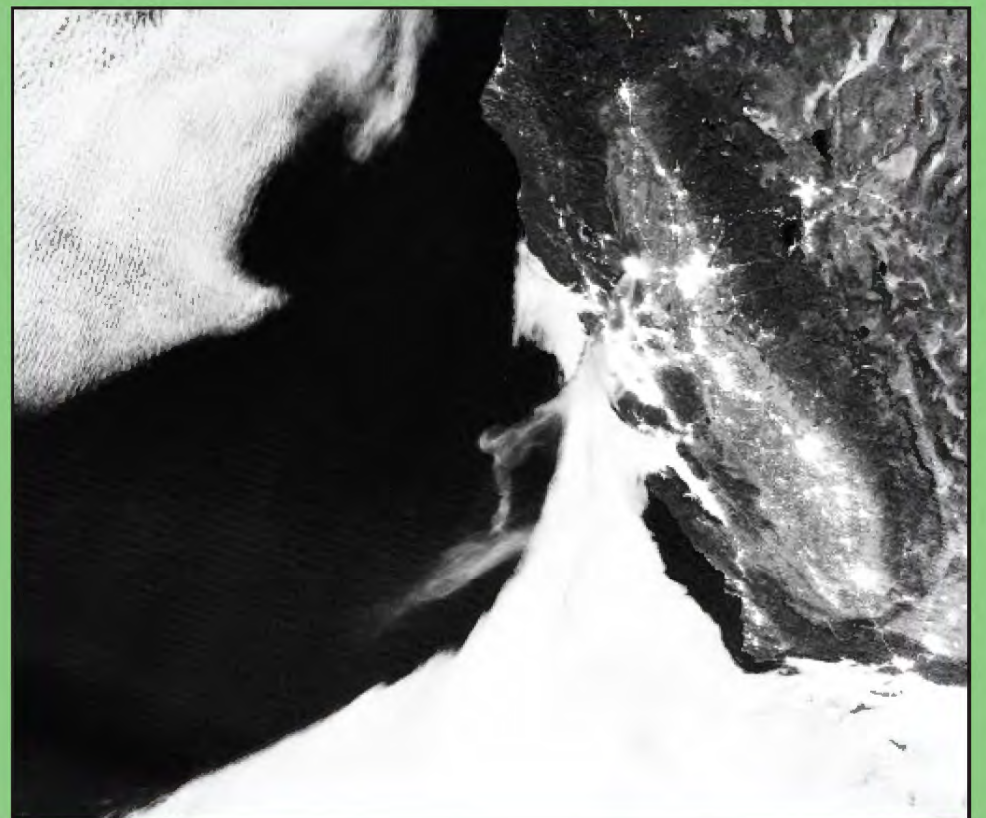


Chart made by Amanda Porter

California wildfires as seen during the day (left) and night (right)  
Photos courtesy of NASA



# SPORTS

## Field hockey ends playoff run with State Championship



The field hockey team celebrates with a photo after their State Championship win against Windham.

Courtesy Photo/@Winnawar



KEELYN MCNAMARA  
NEWS EDITOR

Winnacunnet's historically strong field hockey team continued its legacy for the 2018 season, crushing the regular season with a record of 11 wins and three losses to earn themselves the third seed going into playoffs. With two impressive wins against Bishop Guertin and field hockey powerhouse, Pinkerton Academy, the Warriors found themselves in the state championship against the number one seed, Windham. The Winnacunnet field hockey team did what they do best and dominated the State Championship, by beating Windham 2-0. This is their sixth state championship win and fifth since 2010, showing the state and those who did not believe in them that they were just as strong as years prior.

"Losing so many great players the last couple seasons we were told by classmates, people in our community, coaches and opponents that we weren't as good as we once were," Senior goal tender Nikki Tredwell said. "This fueled our team to defy the odds this season and leave a history at Winnacunnet that we are proud of, and to inspire future Warriors as past Warriors did for us."

Their playoff season got rolling with an impressive home win over Bishop Guertin in the quarterfinals. The Warriors proved their dominance in the postseason, scoring 6 goals

against Bishop Guertin and senior Dailyn Annis scored a hattrick. Warrior defense held tough with senior goalie Nikki Tredwell, earning her ninth shutout this season.

With a win over Bishop Guertin, the Warriors advanced on to the Semifinals at Bill Ball Stadium against the second-seeded Pinkerton Astros.

"I knew we had a great team with so many hard workers but that showed even more at the end of the season into playoffs," Senior Lauren Alkire said. "From the way we were playing at the end, I knew that this team would be able to accomplish so much."

The Warriors attacked first, with a goal from senior Dailyn Annis. Pinkerton followed 5 minutes later to tie up the score. During the second half, the Warriors were dominant and the Astros had a hard time keeping pace.

Seniors Savannah Sigman and Sophomore Grace Michael were key parts of the Warriors lockdown defense. Despite the Warriors dominance for most of the 2nd half, a Pinkerton attacker from 15 yards out was able to loft the ball over Tredwell, giving Pinkerton the 2-1 lead with 6 minutes left.

"After Pinkerton was up I was just thinking about how there were no more chances to win," Senior Jenna Fiore said. "I knew I had to do legitimately anything to win. I couldn't let everyone down."

Yet the Warriors weren't about to let their season end. They took control of the game forcing several corners. With a little over a minute left in the game, a cross from senior Mieria Serna Pujol caused a scrum in the box in which Fiore dove and finished it in chaos sending the game into overtime.

After two rounds of overtime, the 2-2 score did not show the Warriors dominance with possession and scoring opportunities. The game then went into penalty corners. The Warrior's defense locked down, not allowing Pinkerton any shots or opportunities on net. In the fifth round of corners, a shot from Alkire was deflected off of Pinkerton's goalie. Despite the chaos in the goal mouth sophomore Carolyn Thompson was able to finish the ball into the back of the net. After a two hour battle, the Warriors stormed the field.

"After that final goal went in I was not only so proud of my team for fighting hard all one hundred and ten minutes but extremely relieved," Alkire said. "I knew that if we could fight that hard in a game we could truly fight harder the next game."

Revenge seemed to be a theme for the Warriors playoff run as they faced Windham in the state championship. During the regular season the Warriors had fallen to the Jaguars 2-1 in overtime, yet this Time the Warriors weren't going to let history repeat itself. Tredwell said Windham

was overconfident going into the final game as the number one seed, a position prior Winnacunnet field hockey teams have been in.

"They thought it was going to be a walk in the park and they showed up like the medal was already around their shoulders," Tredwell said. "But Windham doesn't know what it feels like to have unfinished business."

The Warriors came out strong and quick against the Jaguars and surprised them by putting them on their heels. The Warriors proved that they weren't playing around.

"They didn't have the grit of a Warrior," Tredwell said. "Once they were knocked down they didn't know how to recover because they hadn't been tested like we had."

Fiore was tasked with man-marking Windham's best player sophomore Kate Blaisdell. With Fiore shutting down Blaisdell and a strong defensive performance by Tredwell, Sigman, and Michael, the Jaguars were completely shut down.

"I was very nervous, I was constantly thinking about how if we lost it would be my fault, while I know this isn't true it helped me do my best when marking her," Fiore said. "I tried my best to not let her comments and physical abuse get in my head and stay true to what my job was for that game."

Early in the first half Lauren Alkire drilled the ball into the back of

the net on a backhanded shot past the Windham goalie from a little over 10 yards out.

"After I scored I was really hyped up because that gave us a lot of momentum going forward," Alkire said. "It's obviously special to have scored in you're the final game of high school but without the rest of the team, we wouldn't have done it."

With 19 minutes to go in the half, the Warriors were up 1-0 and they held all the momentum. Things only got better for Winnacunnet when just six minutes later you Mireia Serna-Pujo put another goal is to extend the lead.

"In the final game I don't think there was momentum to keep, I think we all just had it from the second we woke up that day," Fiore said. "Everybody's head was in it."

The Warriors held tough in the second half coming up with important defensive stops and not allowing Windham to gain momentum. The Warriors were able to sustain their lead and completely shut down any Windham offense. After the final buzzer sounded, the Warriors charged the field as 2018 State Champions.

"I think my freshmen year self would be so proud of how far not only myself but the rest of the team has come," Tredwell said. "This program is so special to me and it gave me the opportunity to find my voice and be a positive leader for those younger girls coming up."

## Cross Country teams succeed at Meet of Champions and Regionals



Courtesy Photo/Kristen Eaton

From left to right: Senior Austin Denis and junior Colin Donnelly, Noah Taracena, and Jack Taylor line up before the race in Manchester.



BEN ALLEN  
SPORTS EDITOR

Winnacunnet fall sports had a high success rate and that continued with the cross country teams. Boys cross country made it to New England Regional championship for the second consecutive year and have seven times since 1999.

"It is very hard for a team to make New England's, only the top 6 teams in the state make it," boys cross country coach Richard Osborne said. "Our team is extremely dedicated, and trained over the summer like crazy."

This team had a lot of early success as well, winning the Bobcat Invitational and Brown Invitational, and placing at Battle of the Borders, Black Bear Invitational, Division I State Meet, and Meet of Champions.

"From the start I knew this years team was going to be special and we all knew we could make a long long postseason run," senior captain Austin Denis said.

Osborne said that every year, the team starts with a team goal for how far they would like to advance.

"Last year our goal was to make it to the Meet of Champions, and

this year we wanted to make it to New England's," Osborne said. "We accomplished both of those goals, I am extremely proud of our team."

Denis said their goal was to finish in the top 15 in the region, and advance to the Nike cross country regionals next week in New York.

"If we advance, the Nike event is not school sanctioned," Osborne said. "But I told our team if we make it I will take them to New York for the event."

While the team did finish in 15th at the New England Regional, they said they decided not to enter into the Nike Cross Regionals in New York in order to rest for indoor track season.

Denis said this is probably the toughest course in New Hampshire.

"This course is probably the hardest in New Hampshire, there are two long and steep hills and one is a ski hill," Denis said.

Last year, junior Colin Donnelly was the only one to qualify from the boys cross country team. This year, Donnelly finished in 48th place overall.

"This year, I think having my teammates with me and a team goal rather than just an individual goal was not only more fun, but took some pressure off of me, especially because

it was my second year," Donnelly said.

Denis also said he believes that they had an advantage over the other schools because of the amount of times they have run this course this year.

"We had a huge advantage over the rest of the competition because we have already run the course twice this year and some of the teams coming have never run it before," Denis said. "Since my freshman year, I have ran this particular course 8 times, it's almost like our home turf."

While the girls cross country team did not qualify for the Meet of Champions, junior MacKenna Whelan qualified by herself, coming in 25th in the Division I state meet.

"MacKenna is extremely focused," Girls head coach Jason Saltmarsh said. She cut four and a half minutes off her time from last season."

Saltmarsh also said he is excited for next season and believes the team has a very bright future.

"We have a lot of people coming back next year, and our goal for the team is to make it to the Meet of Champions," Saltmarsh said. "I'm very excited to see what next season brings."



# Girls soccer suffers heartbreaking loss in playoffs



Staff Photo/Katherine Desmond

Junior Haley Blaisdell fends off a Merrimack player.



**JENNA MYERS**  
EDITOR-IN-CHIEF

The girls soccer team played Merrimack in the first round of the NHIAA Division I Playoffs. Winnacunnet was the seventh seed and Merrimack was the tenth seed. The game was held on Thursday, October 25 at three-o'clock at home.

They played Merrimack in the regular season and lost 1-0. During the previous game, many of the crucial players on Winnacunnet's team were out due to injury.

Senior and captain Caitlin Trott and freshman star Lily Pleau were both out due to knee and leg injuries, respectively.

"We played well in the past couple of games, but we're always trying to get better, especially going into the playoffs," Winnacunnet head coach and history teacher Nick O'Brien said.

Winnacunnet leaned into their

key offensive players, Trott, Pleau and senior Tess Rodgers.

The first half was a battle with no goals being scored and many turnovers from both sides.

Trott has a total of 17 goals this season on offense, despite being sidelined for a game due to a knee injury.

"We had a pretty strong first half," said Trott. "Many of our touches were good and we beat [Merrimack] to the ball most of the time."

Senior Kennedy McCarthy had a strong showing in goal for Winnacunnet. She had two saves and kept the ball out of the box for most of the game.

Rodgers scored in the middle of the second half to put Winnacunnet up 1-0. Merrimack quickly answered with a goal of their own to tie the score.

The game turned exciting at the end of the second half when regulation time ran out and the score was tied.

Merrimack scored in the second overtime for Merrimack and the Warriors were unable to answer the goal.

"It's hard to end the season as a senior with this loss," senior captain Alisyn McNamara said. "At the end of the day, we fought hard and played pretty well all season long, so we can't let this one game define our entire season."

This brought the girls soccer team's season to an end earlier than they would have liked.

"I think there are a number of teams that could be really competitive this year," O'Brien said. "Anyone could win and there are going to be a lot of close games during this playoff run."

Merrimack will face Manchester Central in the quarterfinals. Manchester is the second seed in the playoffs and received a bye in the first round.

On the same day, Exeter and Windham faced off in a battle resulting in an Exeter victory.

# Football unable to replicate last season's championship run



**MAX STRATER**  
STAFF

This year warrior football had a successful regular season with a winning record of 6-3. They also broke the state record of most consecutive wins by beating Exeter at home for the record. They also returned to the playoffs but unfortunately fell short to Salem in the first round.

Senior Eli Witham said he was proud of the teams accolades from this season and was glad he got to be apart of the team.

"We beat Exeter at home and won our division," Witham said. "It was fun to continue playing with the same kids I've been playing with for the past eight years."

Junior Jordan Fuller said the teams success was due to it's unifying chemistry.

"We didn't allow mistakes from the game cause us fight or argue during practice," Fuller said. "We had trust in one another."

Although the team had another standout season, offensive coordinator Ryan Francoeur said he thought the season still could've been better.

"We were as talented as any-

one, we just had some problems we weren't able to fix by the end of the season," Francoeur said.

Francoeur stressed that what he thought was the team's biggest problem was that the team need to find a way to play complete games.

"We need to figure out what we can do in practice to be more conditioned and ready for big games," Francoeur said.

Fuller said that he thought the team should have owned up to more of their mistakes during the season.

"We lacked some accountability that made us successful last year," Fuller said.

Witham said he thought that this year's team was filled with talented players, but as a team they could have improved their skill.

"We could've limited our turnovers and played smarter," Witham said. "Fundamentals were a big thing we could've improved."

Francoeur said that the loss of last year's seniors affected this year's season because of how much they brought to the team.

"We lost a huge senior class



Staff Photo/Katherine Desmond

Senior Tyler Hoar (16) makes a tackle in the playoff loss to Salem.

filled with great talent and leadership," Francoeur said. "We had to have a lot of new kids step up this year."

Francoeur also said that a big factor to being successful next year will be this year's offseason and preparing for the loss of this year's seniors.

Witham said he also thinks the returning players should be working very hard in the offseason to fill the roles of players leaving from this year's team.

"Be in the weight room as much as you can," Witham said. "They're gonna have to step up to fill a lot of spots with so many seniors leaving."

Witham also recommends that next year's players set their hopes high.

"They should set goals for what they want to accomplish because it's hard to get anywhere without a goal," Witham said.

Head coach Ron Auffant is stepping down as head coach this

season after holding the position for fifteen years. After a state championship last year, Auffant said there is nothing left for him to prove. Although, he said it is important for this year's team and teams in the future to work as hard as they can to improve.

"Work hard in the offseason and dedicate yourself to getting stronger," Auffant said. "Respect and feed off of the tradition here, work as hard as you can in practice and be committed to the game."

## Safe Wheels Driving School

**Classes Start**

Hampton	Exeter
1/2/19	11/12/18
2/11/19	1/2/19
3/25/19	2/4/19

**SAFE WHEELS Driving School**

Register online at [safewheelsdriving.com](http://safewheelsdriving.com)


Classes are filled on a first come, first serve basis so register now!

Or contact Mr. Gorski at 603-778-2601 for more information

Must be 15 years and 9 months old by start date of class!

# FEATURES

## Social Studies department partners with Shared Studios

 **MAX STRATER**  
STAFF

On October 29 and 30, Shared Studios brought a portal to Winnacunnet to help freshman communicate with people overseas. The portal is a large transportable room with a projector screen on the inside to communicate with the people. The portal is painted gold because in other countries gold symbolizes a sacred spot and the portal is supposed to be a safe experience where you can talk about anything with people from other countries.

Nearly 150 to 175 freshmen participated in the event and there was also a night open to the community to come use the portal. During the two-day event the participating groups were able to talk to people from Iraq, Honduras, Rwanda and Afghanistan. Social Studies teacher Ross Phillips pulled the event together and said it was a huge success.

"When the kids talked to someone in Iraq in an IDP (internally displaced persons) camp it was amazing to see the connections

they made with the kids," Phillips said. "It reminds the students that they're humans and that they're just as curious as we are."

Shared Studios employee Clarence Morse Jr said the reason that shared Studios does what they do is to create cultural experiences and eliminate stereotypes.

"These experiences are important because of the cultural misconceptions that we make," Morse said. "You realize how friendly these people are and your bias's melt away."

Phillips said that the experience overall exceeded his expectations.

"The ability to have a conversation with someone that's miles away is a very special thing," Phillips said.

Shared Studios tries to bring portals to smaller isolated communities who don't see a lot of diversity, so they can experience the cultural differences.

"The idea is that we just want people to connect with each other," Morse said.

Phillips liked the idea of bringing back the portal again



A Social Studies class in the portal talking to Rwandan students.

Staff Photo/Max Strater

next year and maybe even fulltime to the school like Andover High School.

"I'd love to find a way to bring this to our school full time," Phillips said.

The event was open to the public but was poorly attended.

## Sicard and Winnes start a new juggling club at Winnacunnet

 **FAITH CARRIGG**  
ARTS & ENTERTAINMENT EDITOR

Recently, a new juggling club was introduced to Winnacunnet. The staff adviser is English teacher Bryan Yeaton, who is also the adviser of the Writer's Club. Juniors Tim Sicard and Josh Winnes helped get the club up and running after Yeaton's past attempt to start it.

"Mr. Yeaton taught us how to juggle," Sicard said. "We both decided it's a lot of fun. He told us about how he tried to start a juggling club a while ago but it failed, so we decided we could try and make a new juggling club." Sicard and Winnes are both president of the club, a system they felt could help in spreading the word

around and making the club known.

Winnes and Sicard wanted to learn more about juggling once they learned how, and learned of Yeaton's background in the activity. The boys thought it would be a good use of time and a unique activity in the school.

"I tried one [a juggling club] before and people weren't into it. I think the important part is that I hadn't thought of retrying it. These guys [Winnes and Sicard] seem so into it. I think the key is to have students that are into it. They wanted to see it happen, that's what the key is," Yeaton said. According to Yeaton, Sicard and Winnes completed all of the paperwork and requirements needed to create the club. According to Sicard, the only requirements needed for starting

the club was having an adviser, interested students, and a place to hold the meetings.

"We already had all the pieces to start the club, we just needed the official paperwork," Winnes said. All of the equipment was supplied by Yeaton himself.

"Mr. Yeaton already had a lot of the materials. We already have juggling balls, scarves, pins, a lot of stuff that can help us start the club and keep it going," Sicard said.

"I didn't realize how much stuff I had until I started to search my house," Yeaton said.

Typical club meetings are laid back, as members will just juggle for the time. Meetings will take place every other Tuesday, as Yeaton is also the adviser of the Writer's club.



Bryan Yeaton and Junior Josh Winnes show off their juggling skills.

Courtesy Photo/Bryan Yeaton

During Probation, moonshiners would wear "Cow Shoes." These specialty shoes left hoof prints instead of footprints. This allowed them to evade the police.

Honey is the only food that will not spoil.

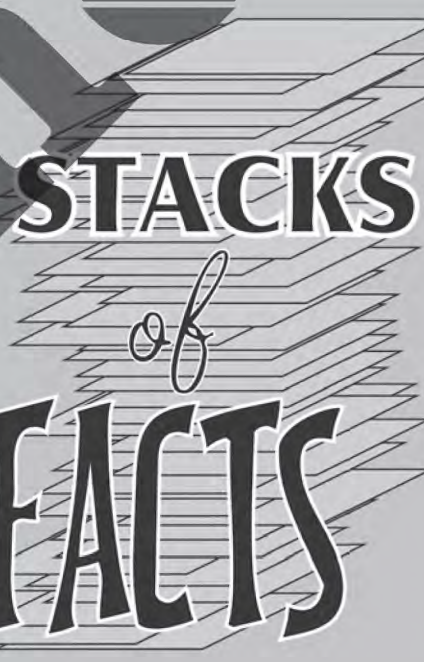
In 1719 the first potato was planted in the United States. It was planted in Londonderry, NH.

It takes an average of 40 gallons of sap to make one gallon of maple syrup.

Brass doorknobs are self-disinfecting

In 1962, Volvo gave away the patent for a three-point seat belt for free in order to save lives.

Mr. Potato Head was the very first toy to ever be advertised on TV.



Exeter was the first capital city of New Hampshire.

The sorcer in Disney's animated movie Fantasia is called "Yen Sid" which is Disney spelled backward.

Blood donors in Sweden will receive a "thank you" text when their blood is used.

Las Vegas casinos don't have clocks in them as they want customers to lose track of time.

Mary Gibbs, the voice behind Boo in "Monsters, Inc.," was just a toddler when filming the movie. The film crew could not get her to sit still and read her lines so they had to play with her and while chasing her around with a microphone.

For two years, Disney was the only animator allowed to produce films in color as they held the patent for Technicolor.

In the U.S, nearly one million dogs have been named the primary beneficiary in their owners' wills.

"Snake Island" in Sao Pablo is one of the deadliest islands in the world. The 110-acre island has over 400 snakes, which is one snake every 6 yards. It is also home to the Golden Lancehead whose venom can melt human skin.

 **KEELYN MCNAMARA**  
NEWS EDITOR

"ET" and "Poltergeist" were supposed to be the same movie called Night Skies.

Peanuts are not actually nuts but instead are classified as a Legumes which are edible seeds enclosed in pods. Peanuts belong to the same family as beans and peas.

Francis Pettygrove from Portland, Maine and Asa Lovejoy from Boston, were the two founders of Portland, Oregon. They both wanted to name the city after their own hometowns. They flipped a coin to decide whose hometown it was named after.

Like fingerprints, everyone's tongue print is different.

Before rap battles, there was an activity called, "flyting," where two people would exchange wit and insulting verses. These verbal fights were popular in Scotland and England from the 5th century to the 16th century.

Benjamin Franklin wanted the turkey to be the national bird, he was opposed to the eagle

Your nose and ears are the only two body parts that never stop growing, even when the rest of your body has stopped growing.

1



Depending on the stick/wooden dowel size, cut numerous pieces of yarn. Each piece should be cut 31 inches long.

# Yarn Wall Hanging

3



Once the pattern is set up, secure each cluster of yarn on the wooden dowel/stick by looping the strand through itself. Once the strand is looped on, push it towards the end of the wooden dowel/stick to make room for the other strands. Repeat this step until there is the amount of yarn desired on the wooden dowel/stick.

**Materials needed:**  
Wooden Dowel/ Stick  
Balls of yarn  
Scissors  
Leather cord/ Rope  
Beads (Optional)  
Tape

2



Fold each piece of yarn in half and lay the yarn out on a flat surface area to create a visual pattern of colors that will be hanging when completed.

# Wooden Box Centerpiece

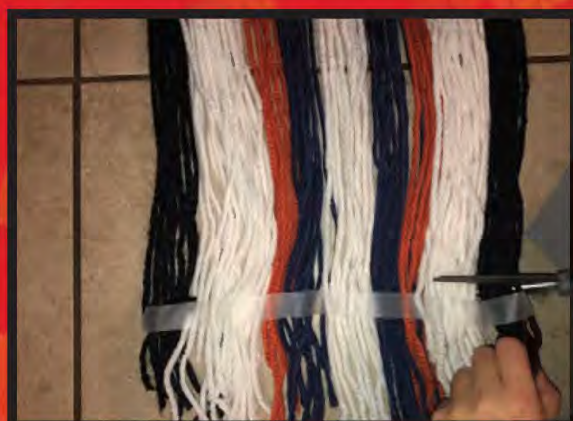
**Materials needed:**  
Wooden Box  
Fusion Mineral Paint  
Paint Brush  
Glitter/Gems/Ribbon  
Newspaper  
Basket

4



After all the strands are on the wooden dowel/stick, comb through the yarn to make sure there is no tangles between each strand, then create a straight line in the lower portion of the strands of yarn by using tape.

5



Take your scissors and cut along the tape to have a perfect line with each strand of yarn.

# DIY Thanksgiving Decorations

6



If you have beads for the strings, take the beads and slide them up to the top of each strand of yarn. Finally, tie a leather string to each end of the wooden dowel/stick to hang the decoration on a wall.

1



Place the wooden box on some newspapers to prevent a mess. Then take the fusion mineral paint and a paint brush to apply it on the wooden box.

2



Let it dry for an hour and re-apply another coat of paint.

3



Once the second coat is dry start decorating it however you desire.

4



Repeat steps 1-3 if you have more wooden boxes to decorate.

5



When the wooden box boxes are completed, take decorative objects and place it in the wooden box or a Thanksgiving Dinner centerpiece.

# Actors' comedic chemistry drives the success of the fall play



Staff Photo/John Doe

Sophomore Tyler Hughes, Junior Erin Millette perform during play.



Staff Photo/Katherine Desmond

Sophomore Tyler Hughes, Junior Erin Millette, Junior Anne Carrigg and Senior Jada Miles perform in the fall play.

## PLAY, from page A1

to push the bookcase back into place.

The show was filled with moments where a character would trigger something in the set which would reveal a different part of the set.

These instances were either not acknowledged by the charac-

ters or missed entirely by the characters and was done purely for the audience.

The comedic chemistry between leads Carrigg and Miles made the show flawlessly cohesive. The opposite natures of the two characters allowed a balance.

Miles' character was overall put together while Carrigg's character had a more aloof air about

her.

Carrigg was electric as Vera Walters. Her sarcastic comments throughout the show caused laughter in the audience.

A teaser for the play was shown during advisory and sixth block on Nov 9.

Students spent more than a month prepping for this performance.

"We have rehearsals two to three times a week, usually going until 4:30 or 5 o'clock," Carrigg said.

"A lot of prepping is done at home on your own time, memorizing lines and everything," Miles said

Choral director Patrick Moore said this is his third year advising the fall productions. He took over

the responsibility a year after taking over the musicals.

"Since the play is a farce, the set itself plays for a comical show," Moore said. "It's outlandish situations with lots of entrances and exits through doors."

Winnacunnet will be putting on "Cinderella" for the musical early next year. Auditions will be happening in the coming months.

# Interact Club members welcome Irish students for the afternoon



ABIGAIL SALTMARSH  
FEATURES EDITOR

This year, some of the Winnacunnet Interact Club members volunteered to have an Irish student shadow them throughout the day and spend time with them after school to show them what a Winnacunnet school day looks like. There were eight Irish students and four advisors.

The Irish students are a part of the Friends Forever program where they travel to places in New Hampshire and learn about America. The program combines two factions of people that wouldn't necessarily interact and have them learn about each other.

In this program, they took groups of Catholic and Protestant students. In Northern Ireland, there is a wall that separates them so they don't get to interact that often. This experience helps encourage peaceful interactions.

"Being a member of Interact, I take part in a lot of community service events and I thought that this was one of the most interesting ones because it was showing our everyday life to someone who wants to learn about it," senior Interact member Maddie Pender said.

The Irish exchange students are staying in Durham for about two weeks but they were only here at Winnacunnet for 5th block, warrior block, 6th block and time

with them after school.

"Throughout the afternoon they spent time with a lot of the other Interact members with games and snacks, we took them bowling, and then we had dinner at the Myers house," Pender said.

Pender said that the Irish culture is much different than people may expect. Even though they speak English the culture is different.

"People might think that Irish culture is very similar to ours but I actually learned a lot about the differences in our cultures and our school systems," Pender said.

Senior Shannon O'Leary agreed with Pender that the two cultures are much different than people might believe.

"It was really interesting to me to hear about how their school system is different than ours," O'Leary said. "They don't have as many options as we have for classes and they don't have any clubs."

O'Leary said that since she is working on college applications right now it was cool for her to hear what senior year is like in Ireland.

"In our society it is drilled in us that we go to high school then college to get a good job and in their society most of them go to a trade school and then right into their profession, they don't go to college at all," O'Leary said.



Courtesy Photo/Linda Osborne

Irish students and Winnacunnet students pose for picture at the Exeter Bowling Lanes bowling alley.

Pender said that she wanted to be the person to show them around the school because it gave her the opportunity to have an exchange student with less of the commitment.

"I was extremely pleased with my experience, my exchange student was very outgoing and super kind," Pender said. "Although my exchange student was quiet at

first, I think she really enjoyed the experience."

Pender said that it was easy to tell that a lot of the students had a lot of travel confidence. It was many of their first time in America so they all were very interested and excited to learn about it.

"Although she had a great time, she did have some complaints about the food, at lunch

she only ate one chicken nugget," Pender said. "They have potatoes with every meal. She couldn't think of the last time she had a meal without them."

Pender said that she thought that was a great experience and it is a good program. In future years Winnacunnet's Interact club will continue to partner with the Friends Forever program.

# Winnacunnet will host the sixth annual Craft Fair in the dining hall



ABIGAIL SALTMARSH  
FEATURES EDITOR

The sixth annual Winnacunnet Craft and Vendor Fair will be held this year on November 17 in the Winnacunnet Dining Hall. The 2022 class advisers and English teachers Gabrielle Borden and Carl Printzlau run the craft for the freshman class. This is the fifth year that Borden and Printzlau

have been involved.

"We foresee being in charge of the craft fair for many years to come," Borden said,

Borden said that in past years the Craft Fair raised approximately \$1,000, but they are always hoping to make more money and are going for \$1,200. The money is raised by charging booth rental fees.

The vendors and crafters are asked to set up from 7 to 9 a.m. and the doors will open to the public

from 9 a.m. to 2 p.m. for shopping. Borden said they advertised by using fliers and word-of-mouth.

"We have a Facebook event set up and we send out emails to the WHS community to get our message about the craft fair out to the public," Borden said.

Borden said that they have about 40 vendors this year with lots of different types of things on display.

"We have everything from

Christmas decor to soaps, candles and more," Borden said. "We invite the public to come and shop for holiday gifts."

Borden also said that the students that come in the day of the event run the raffle, they go around to the vendors and see if there is anything that they need to set up and later to clean up.

"We will also have representatives from the class of 2022 selling beverages, food, and raffle tickets

to help raise money for the class," Borden said.

This is the first craft fair for the freshman class. Borden said they are all very excited about the event and can't wait to see all of the crafts, the people who come and the amount of money they make.

"This is their first time," Borden said. "They seem to be excited about it but really don't know what to expect yet."



Bring in your Winnacunnet I.D. and receive a free soda with purchase of 2 tacos or a burrito!

356 Lafayette Road  
603-967-4880  
www.lasolastacos.com

**T1 Exam Schedule:**

TIMES:	MONDAY:	TUESDAY:
7:45	First Block	Third Block
9:15	Break	Break
9:30	Second Block	Fourth Block
11:00	Warrior Block	Warrior Block
12:25	Sixth Block	Fifth Block



# Arts & Entertainment



## Winnacunnet hosts Voices of the 603 event

**AMANDA PORTER**  
STAFF

The Voices of the 603 event took place October 19. During the school day, Winnacunnet's Chamber Singers attended workshops with choruses from all over New Hampshire. The choruses performed later that day at 7:00 p.m.

This was the ninth year that Winnacunnet participated in the Voices of the 603 but the school's first time hosting the event.

"Last year it was at a bigger venue," senior Chamber Singer Adele Sinagra said. "This year it was really cool to have it at our school."

During the workshops, Winnacunnet's Chamber Singers took part in a Master Class in the auditorium with the chorus from Woodbury Middle School and the Treble Choir from Prospect Mountain High School. The Master Class consisted of the choruses performing and receiving feedback from Ball in the House, an a cappella group based out of Boston.

"I thought it was really good to get feedback," Sinagra said. "They [Ball in the House] personally gave us really good feedback for one of our songs."

She said that Ball in the House gave specific tips on how to do some movements the chamber singers did during their performance.

"The leads (soloists) should be together in the center so the audience can be focused on the leads," the beatboxer for Ball in the House Jon Ryan said after Winnacunnet's performance. "There is a stark con-

trast. Adding snaps could tie the performance together."

During the performance later in the day, choruses from Winnacunnet High School, Prospect Mountain High School, Woodbury Middle School, Kennett High School and ConVal Regional High School were joined by professional a cappella groups; Nashua Granite Statesmen, [mix]tape, Kitchen Table 5 and Ball in the House.

Ball in the House, which was featured on the front page of the pamphlet for the event, performed

a rendition of several popular songs and a Mandarin song written by the group's tenor, Wallace Thomas.

"I thought it went great," chorus teacher Patrick Moore said. "We had a great group of kids who helped out I was thrilled."

After the performance, some of the featured a cappella groups were selling merchandise in the auditorium lobby.

Ball in the House were selling their album and remained around after the show to answer questions about their performance.

## Winnacunnet senior releases music on SoundCloud

**KEELYN McNAMARA**  
NEWS EDITOR

Many students listen to music but most students never take on the task of making their own.

Senior Parker Kirby is not like most students. Kirby released his debut song, Dead Roses, on October 18 on SoundCloud. Within 5 days Kirby over a thousand people had listened to his track.

Kirby's passion for music started when he was young and had joined the chorus in fifth grade. His passion for both singing and music has continued to grow throughout high school. He said his passion for music lead into his passion for creating it.

"I always into listening to music and I liked to sing along to songs which fueled my passion for singing," Kirby said. "Since I've been singing for so long I thought, 'Hey why don't I try to make a song.'"

This was not Kirby's first time writing lyrics. Kirby said that he's written his own lyrics to many songs but before 'Dead Roses' had never put music behind the lyrics.

"A lot of the time I'm putting in raw emotion in the lyrics," Kirby said. "People do different things to cope with certain things and it's not like I really need to cope with something big but helps writing stuff down. If you write it down it makes it real."

Kirby said a lot of different artists have inspired his music and the style of music he creates. Kirby said he respects any artist with amazing vocals like Justin Timberlake or Charlie Puth. Kirby has also drawn major influence from lesser-known artists that are also on Soundcloud.

"The [artist] that I've been really into lately, who pushed me to make the style of music his name is Joji," Kirby said. "He used to be a Viner but he started making music. He makes really cool music and it's the same style that I do."

While Kirby had written many verses and lyrics he said he had never thought of actually putting them into a song. Kirby's friend, senior Alden Hart was the one who pushed him to create a song and to take his singing talents one step further. Hart also is familiar to music and SoundCloud as he makes the beats that are typically used behind lyrics of songs.

"Whenever we hang out I would always show him something I was working on and he would always try to flow over it," Hart said. "We always have a good time together whenever we make music and I send him anything I've been working on because of it."

In English class, Hart and Kirby did a project together that required them to create a 'How to.' Kirby and Hart with similar passions for music did their project on "how to create a

song." They worked together to create a short and silly song.

"I think that English project gave us the confidence we need to show music that may not have had a lot of work and time put into it," Hart said. "I believe that made him realize his talent for music and made him want to pursue this musical dream, like me."

Kirby said he then began 'Dead Roses' a month and a half ago and took him only four weeks into total to put it all together.

Kirby wrote all the lyrics himself but used the background beats and music from another producer. Kirby said there's a big youtube community for producers who aren't famous yet and they allow anyone to use their music for free as long as they receive credit.

Kirby records all of his verses in his room with quality recording equipment he used for video game streaming. Kirby uses special software called FL Studio to combine all of the audio together into a finished song.

Kirby said it was similar to the Apple Computer App Garage band in the sense that you have all of your audio tracks and you're able to compile them together. FL Studio also allows Kirby to add effects to his tracks.

"Since the beat is already made, I just put in the track of the beat and then put all of the vocals," Kirby said. "In [Dead Roses] you can hear that I'm layering my voice so you can re-



Courtesy Photo/Parker Kirby  
Kirby's new song, 'Dead Roses' is now available to stream.

cord different sections and put them on top of each other."

While Kirby enjoyed making the song he said he was at first reluctant to share it as it was personal and wasn't sure how it would be received.

"The biggest thing was people pushing me to do it," Kirby said. "[Friends] were pushing me to get it out there so I started getting comfortable with the idea even if it wasn't the best song ever."

Kirby said he received a tremendous amount of positive support after releasing his song not only from his family and friends but also from listeners who he didn't personally know.

Within a week of releasing Kirby

had 1,148 people who had listened to his track.

"Parker is really musically talented," said Hart. "I'm glad he's finally showing it in other ways than through chorus."

Kirby released another song 'Down For You' which he said shows a more upbeat side of him.

While he said he enjoys making his songs he doesn't want to be on a schedule with his music but wants to create freely.

"I'm honestly so blown away because I did not expect to get so much support," Kirby said. "It was my first song so I wasn't expecting anything crazy to happen."

## Horoscopes: What three career paths should you follow based on your zodiac sign?

written by Haley Brown

comic by Katherine Moran

**Aries**- This sign is considered to be portrayed as a leader. Aries are very competitive and confident people. The top three jobs for an Aries are a personal trainer, a ceo or an event planner.

**Libra**- This sign is considered to be portrayed to be very social, fair minded and diplomatic. The top three jobs for a Libra is an event planner, travel agent or a police.

**Virgo**- This sign is considered to be portrayed to be kind, hardworking, practical and loyal. The top three jobs for a Virgo is a therapist, a detective or an editor.

**Taurus**- This sign is considered to be portrayed as a hard worker, very stable, patient and a great team player. The top three jobs for a Taurus is a jewelry maker, an engineer and a therapist.

**Capricorn**- This sign is considered to be portrayed to be disciplined, responsible and maintaining self-control. The top three jobs for a Capricorn is a ceo, a president or an entrepreneur.

**Sagittarius**- This sign is considered to be portrayed to have a great sense of humor, idealistic and contains a great amount of generosity. The top three jobs for a Sagittarius is a teacher, a pilot or a travel agent.

**Gemini**- This sign is considered to be portrayed as a fast learner. This sign is also very curious and comes up with an infinite amount of ideas. The top three jobs for a Gemini is an inventor, a teacher and an architect.

**Cancer**- This sign is considered to be portrayed as a loyal, emotional and sympathetic person. The top three jobs for a Cancer is a lawyer, a judge or a teacher.

**Pisces**- This sign is considered to be portrayed to be musical, wise and artistic. The top three jobs for a Pisces is a physiologist, a doctor or a music therapist

**Leo**- This sign is considered to be portrayed to be creative, warm-hearted and cheerful. The top three jobs for a Leo is a producer, a designer or a actor/actress.

**Scorpio**- This sign is considered to be portrayed to be resourceful, stubborn and brave. The top three jobs for a Scorpio is a chef, a doctor or a surgeon.

**Aquarius**- This sign is considered to be portrayed as an independent, original and progressive. The top three jobs for a Aquarius is a photographer, a graphic designer or an artist.

# The Boston Red Sox are.....

# 2018 World Series Champs



Photos courtesy of Dan Marioti and Jake Ross

The Boston Red Sox won the 2018 World Series over the Los Angeles Dodgers four games to one. This marks one of the most dominant seasons in baseball history, with the Red Sox record of 108-74 in the regular season and 11-3 in the postseason.

This year's Red Sox playoff run was one that included many record breaking feats, including the first player to hit for the cycle in postseason history, the longest World Series game ever, and Chris Sale became the first pitcher since 1945 to record the first and last outs of the World Series.

Red Sox manager Alex Cora and Dodgers manager Dave Roberts were not only teammates on the Dodgers, but they also became the first minority managers to face off in the World Series. Both managers also played for the Red Sox, but never as teammates. Roberts won the World Series with the Red Sox in 2004 and Cora won the World Series with the Red Sox in 2007.

The Red Sox started off the playoffs in a best of five series against the New York Yankees, with the Red Sox winning three games to one, including a 16-1 rout of the Yankees in New York during game three. This became the second time the Red Sox celebrated in New York this season, as the Red Sox also won the regular season division title in New York.

The Red Sox opened up the World Series with two wins at home, and the Red Sox looked to be in total control of the series heading back to Los Angeles.

The Dodgers then won game three in wild fashion, as the game took 18 innings to find a winner. The game in total took seven hours and 20 minutes, which is longer than the entire 1939 World Series, which was only seven hours and five minutes over four total games. Forty-six total players were used between the two teams during the 18-inning marathon, and it was decided when Max Muncy hit a walk off homerun to win the game 3-2.

The Red Sox came back in game 4 and got back on track. The Red Sox were down 4-0 in the game going into the seventh inning after the Dodgers starting pitcher Rich Hill held them scoreless for six innings. In the seventh, Dodgers reliever Ryan Madson entered the game and Red Sox first baseman Mitch Moreland hit a three run homerun into the right field bleachers to make it 4-3.

The Red Sox continued in the eighth, with Steve Pearce hitting a home run to tie the game at four. In the ninth inning, the Red Sox tacked on five runs to make it 9-4, which included Steve Pearce driving in three runs on a bases clearing double. The Dodgers scored two runs in the bottom of the ninth, but the lead the Red Sox had built proved to be too much, and the Red Sox took a 3-1 series lead.

In game five, the Red Sox got off to a quick start when Steve Pearce hit another home run, and the Red Sox took a 2-0 lead. The Dodgers struck back in the bottom of the first inning, when David Freese swung at the first pitch he saw from David Price and hit a home run making the score 2-1.

The score stayed that way until the sixth inning when Mookie Betts broke his slump and hit a solo home run to left field off of Clayton Kershaw. JD Martinez followed that up for the Red Sox in the seventh inning with a solo shot of his own, and Steve Pearce hit his second home run of the game in the eighth inning to make it 5-1 Red Sox. Pearce became the third player over the age of 30 or older to have a multi home run World Series game.

The Dodgers could not do anything at the plate for the majority of the game, and Joe Kelly and Chris Sale combined to strike out the final six Dodgers batters.

This was the Red Sox fourth World Series title in the 21st century, and their first since 1918 without David Ortiz on the roster.