



Ed Comeau FSD, 758-9261

AUGUST 2021

Winnacunnet High School

Prices
There will be no student cost
For breakfast or lunch, SY 21/22
Adult lunch \$4.00

ecomeau@warriors.winnacunnet.org

Monday	Tuesday	Wednesday	Thursday	Friday
[Enter Menu Items] 2	[Enter Menu Items] 3	[Enter Menu Items] 4	[Enter Menu Items] 5	[Enter Menu Items] 6
[Enter Menu Items] 9	[Enter Menu Items] 10	[Enter Menu Items] 11	[Enter Menu Items] 12	[Enter Menu Items] 13
[Enter Menu Items] 16	[Enter Menu Items] 17	[Enter Menu Items] 18	[Enter Menu Items] 19	[Enter Menu Items] 20
[Enter Menu Items] 23	[Enter Menu Items] 24	[Enter Menu Items] 25	[Enter Menu Items] 26	[Enter Menu Items] 27
[Enter Menu Items] 30	31 Chicken patty sandwich or Veggie burger Wheat bun, oven fries Chef's choice salad Milk, fruit, juice	 		

This institution is an equal opportunity provider.
1% fat free milk, fat free flavored milk, 100% fruit juice served daily.
Fresh fruit, veggie dippers, side salads served daily.
Pre-made salads served daily.

Gluten free pasta available on days when pasta is served
Vegetarian options are available daily.



PAY FOR MEALS ONLINE
MySchoolBucks.com



Winnacunnet High School

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Monday

Tuesday

Wednesday

Thursday

Friday

- Soup will be available starting September 20th.
- Don't forget to submit your Free and Reduced meal applications!

1
 Cheeseburger or Eggplant
 Parmesan sandwich
 Chef's choice salad
 Milk, fruit, juice, veggie dippers

2
 Assorted Pizza
 (Gluten free pizza)
 Garden salad
 Milk, fruit, juice, veggie dippers

3
No School

6
 Macaroni & cheese
 Steamed green beans
 Milk, fruit, juice, veggie dippers

7
 Pulled pork Burrito or
 Curried Garbanzo & veggie stew
 Brown rice
 Milk, fruit, juice, veggie dippers

8
 Chicken salad sandwich
 Or Veggie melt
 Corn chips
 Milk, fruit, juice, veggie dippers

9
 Steak & cheese sub or
 Spinach & Feta melt
 Chef's choice salad
 Milk, fruit, juice, veggie dippers

10
 Assorted pizza
 (Gluten free pizza)
 Caesar salad
 Milk, fruit, juice, veggie dippers

13
 Pasta Marinara w/meatballs or
 Cheese Tortellini, Marinara sauce
 Steamed carrots, bread stick
 Milk, fruit, juice, veggie dippers

14
 Rib-a-Cue or
 Tofu & veggie Stir fry
 Pasta salad
 Milk, fruit, juice, veggie dippers

15
 Chicken finger sub or
 Cheese Quesadilla
 Sweet potato salad
 Milk, fruit, juice, veggie dippers

16
 Loaded cheese Nacho's
 Re-fried beans
 Tomato cucumber salad
 Milk, fruit, juice, veggie dippers

17
 Assorted pizza
 Also (Gluten free pizza)
 Pasta salad
 Milk, fruit, juice, veggie dippers

20
 Cheese stuffed shells
 Steamed broccoli, garlic bread
 Milk, fruit, juice, veggie dippers

21
 Chicken nuggets, mash potato
 Corn or
 Quinoa & veggie stuffed Acorn
 squash
 Milk, fruit, juice, veggie dippers

22
 Chicken patty sandwich with
 Oven fries or
 Tomato Mozzarella salad
 Milk, fruit, juice, veggie dippers

23
 BBQ beef sandwich or
 Grilled cheese & tomato
 Chips
 Milk, fruit, juice, veggie dippers

24
 Assorted pizza
 Also (Gluten free pizza)
 Garden salad
 Milk, fruit, juice, veggie dippers

27
 American Chop Suey or
 Pasta Primavera
 Steamed veggie, Roll
 Milk, fruit, juice, veggie dippers

28
 BBQ pork or
 Red beans & rice
 Chef's choice salad
 Milk, fruit, juice, veggie dippers

29
 Chicken & rice Burrito
 Black bean sweet potato burrito
 Chef's choice salad
 Milk, fruit, juice, veggie dippers

30
 Beef or Vegetarian chili
 Brown rice
 Chef's choice salad
 Milk, fruit, juice, veggie dippers



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 Gluten free bread served daily.
 Vegetarian options are available daily.

