



Ed Comeau FSD, 758-92610

OCTOBER 2021

Winnacunnet High School

Menu prices
There will be no cost for student
breakfast or lunch SY 2022.
Adult lunch \$4.00

ecomeau@warrios.winnacunnet.org

Monday

Tuesday

Wednesday

Thursday

Friday



- Menus are subject to change.
- Don't forget to submit your Free and Reduced application.
- Applications can be submitted throughout the year.

4
Cheese Ravioli, garlic bread
Steamed veggies
Milk, fruit, juice, veggie dippers

5
Grilled cheese
Tomato soup, chips
Milk, fruit, juice, veggie dippers

6
Baked potato
w/ chili & cheese or
Broccoli & cheese
Milk, fruit, juice, veggie dippers

7
Chicken Fajita or
Refried bean, cheese Burrito
Brown rice
Milk, fruit, juice, veggie dippers

1
Pizza
(Gluten free pizza)
Chef choice salad
Milk, fruit, juice, veggie dippers

11
No school
Columbus Day
Observed

12
Cheeseburger
Broccoli & cheese flatbread
Oven fries
Milk, fruit, juice, veggie dippers

13
Chicken patty sandwich
Or Veggie wrap
Pasta salad
Milk, fruit, juice, veggie dippers
Early release 1st lunch 10:50

14
Beef Taco bowl or
Vegetarian Taco bowl
Corn chips
Milk, fruit, juice, veggie dippers

8
Pizza
(Gluten free pizza)
Chef choice salad
Milk, fruit, juice, veggie dippers

18
Pulled pork sandwich
Veggie burger
Potato salad
Milk, fruit, juice, veggie dippers

19
Sloppy Joe or
Vegetarian Sloppy joe
Tator tot's
Milk, fruit, juice, veggie dippers

20
Hot dogs, cold slaw, baked
Beans or
Cheese Tortellini pasta bake
Milk, fruit, juice, veggie dippers

21
KFC chicken bowl or
Vegetarian KFC bowl
Milk, fruit, juice, veggie dippers

15
Pizza
(Gluten free pizza)
Chef choice salad
Milk, fruit, juice, veggie dippers

25
Cheese filled breadstick
Pasta w/ Marinara sauce
Milk, fruit, juice, veggie dippers

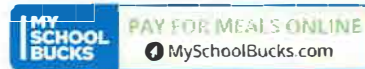
26
Buffalo chicken Mac & cheese
or Mac & cheese
Milk, fruit, juice, veggie dippers

27
Stuffed shells or
Broccoli & cheese Quiche
Green beans
Milk, fruit, juice, veggie dippers

28
Chicken pot pie or
Vegetarian pot pie,
Biscuit, mashed potato
Milk, fruit, juice, veggie dippers

22
Pizza
(Gluten free pizza)
Chef choice salad
Milk, fruit, juice, veggie dippers

This institution is an equal opportunity employer.
1% fat free milk, fat free flavored milk, 100 % fruit juice served daily.
Fresh fruit, veggie dippers, side salads served daily.



Gluten free bread served daily.
Soup served daily.