

SAU 21 Student & Staff Daily COVID-19 Screening

1 Check for **any** new or unexplained* symptom(s)

- | | |
|----------------------------------------------------------|------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Fever (100F) or chills | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Cough, shortness of breath | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> New loss of taste/smell |
| <input type="checkbox"/> Nasal congestion, or runny nose | <input type="checkbox"/> Nausea/vomiting |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> MIS-C symptoms: rash, neck pain, bloodshot eyes, abdominal pain |

YES at home

Isolate at home

YES at school

Student will be dismissed

* If student has a documented chronic condition that accounts for symptoms, they are not considered "new/unexplained."

2 When to Return to School

After testing negative for COVID-19

- 24h fever-free
- Symptoms have improved

Without COVID-19 testing

- 10 days after symptom onset
- 24h fever-free
- Symptoms have improved

After testing positive for COVID-19

- 5 days after symptom onset
- 24h fever-free and symptoms have improved
- Provide negative antigen test on day 5
- Must reliably wear a well-fitting face mask on days 6-10

Continue to isolate for 10 days if:

- Fever or symptoms persist past day 5
- Antigen test on day 5 is positive
- Unable or unwilling to wear a face mask on days 6-10

3 If exposed to COVID-19 in your household

Up to date on COVID-19 vaccinations **OR** COVID-19 positive in the past 90 days

- Attend school
- Get tested for COVID-19 on day 5
- Wear a mask on days 6-10
- Isolate and test for any unexplained symptoms

Not vaccinated **OR** not up to date on COVID-19 vaccinations (incl. booster)

- Quarantine for 5 days after the last exposure
- Get tested for COVID-19 on day 5
- Wear a well-fitting face mask on days 6-10
- Isolate and test for any unexplained symptoms

International or cruise ship travel in the prior 14 days?
Quarantine may be required, contact your school nurse.

Updated 1/11/2022–
Based on NH DHHS Isolation and Quarantine
Recommendations for the General Public 1/7/2022