

## FEBRUARY 2023 Winnacunnet High School

Prices
Student breakfast \$2.50
Reduced breakfast Free
Student lunch \$3.75
Adult lunch \$4.10

ecomeau@warriors.winnacunnet.org

Monday

Tuesday

Wednesday

Thursday

Friday

\*If your final status has changed you may apply for benefits at any time during the school year. Applications are online or at all cafeteria registers.

First lunch 10:50
Chicken patty sandwich
Veggie burger
Side salad

Early release

Milk, fruit, juice, veggie dippers

Fish sticks & fries
Cheese Tortellini Marinara
Spinach salad
Milk, fruit, juice, veggie dippers

Pizza GF pizza Chef's choice salad Milk, fruit, juice, veggie dippers

3

10

6

Cheeseburger or Vegetarian burger Tator Tot's Wilk, fruit, Juice, veggie gippers Cheese ravioli Steamed broccoli w/garlic Wheat roll Milk fruit, juice, veggie dippers Pulled pork sandwish.

Spinach & Feta Quiche

Baked potato salad

Milk, fruit, juice, veggie dippers

Vegetarian dippers

Brown rice, peas & carrots

Milk, fruit, juice, veggie dippers

GF pizza
Chef's choice salad
Milk, fruit, juice, veggie dippers

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Cheese toasty Tomato soup Macaroni salad Milk, fruit, juice, veggie dippers Pasta Marinara Cheese filled Bosco stick Zucchini & summer squash Milk, fruit, juice, veggie dippers Chicken & waffles or Vegetarian chicken & waffles Sweet potato salad Milk, fruit, juice, veggie dippers Steak & cheese sub
Broccoli & cheese melt
Wedge fries
Milk, fruit, juice, veggie dippers

Pizza
GF pizza
Chef's choice salad
Milk, fruit, juice, veggie dippers

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Beef & cheese Empanada
Vegetarian Tostada
Pico de Gallo black bean salad
Milk, fruit, juice, veggie dippers

Pasta marinara
w/ meat balls
Pasta Rollatini Florentine
Garlic bread, side salad
Milk, fruit, juice, veggie dippers

Shepard's Pie Vegetarian Shepard's Pie Honey mustard carrots Milk, fruit, juice, veggie dippers

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Chicken Parm sandwich
Vegetarian parm sandwich
Tomato cucumber salad
Milk, fruit, juice, veggie dippers

Pizza
GF pizza
Chef's choice salad
Milk, fruit, juice, veggie dippers

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Spring Break
No school

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Spring break
No school

Please tell your server about any allergies.
Hot soup served daily.
GF & vegetarian options daily.
Pre-made sandwiches & salads daily

Side salads and veggie dippers offered daily.

Two fruit and two veggies are included with every meal.

White & chocolate milk served daily.

Apple & orange juice served daily.

