

Monday

Tuesday

Wednesday

Thursday

Friday

***Don't forget to apply for Free & reduced meal benefits.**
***Applications can be found in the main office or at any cashier during meal service.**
***Digital applications can be found on the WHS website under Foodservice.**
*** This year we will be featuring some of the veggies grown in the WHS garden.**

1
No school

4
NO School

5
Pasta or GF pasta
Marinara, Meatballs
Steamed green beans.
Milk, fruit, juice, veggie dippers

6
Cheese Quesadilla
Brown rice, salsa, sour cream
Milk, fruit, juice, veggie dippers

7
Chicken fingers
GF chicken fingers
Rice pilaf, side salad
Milk, fruit, juice, veggie dippers

8
Pizza
GF pizza
Caesar salad
Milk, fruit, juice, veggie dippers

11
Chicken parm sandwich
Wheat bun or GF roll
Marinated mushrooms
Milk, fruit, juice, veggie dippers

12
Mozzarella sticks
Garlic herb pasta, Cucumber salad
Milk, fruit, juice, veggie
The cucumbers are from our Own WHS garden.

13
Caesar salad
Cheese filled Bosco stick or
GF garlic & cheese bread
Milk, fruit, juice, veggie dippers

14
Chicken Fajita
Roasted Tofu Fajita
Mexican corn salad
Milk, fruit, juice, veggie dippers

15
Pizza
GF pizza
Caesar salad
Milk, fruit, juice, veggie dippers

18
BBQ chicken & cheese wrap
GF rolls available.
Cucumber & tomato salad
Milk, fruit, juice, veggie dippers
Cucumbers & tomatoes are from Our own WHS garden.

19
Stuffed shells or
GF pasta w/ cheese
Garlic bread, garden salad
Milk, fruit, juice, veggie dippers

20
Garden salad
Featuring Tom's & cukes from the WHS garden.
Chicken fingers, GF chicken fingers
Milk, fruit, juice, veggie dippers

21
Beef or vegetarian chili
Corn chips, roasted carrots
Milk, fruit, juice, veggie dippers

22
Pizza
GF pizza
Caesar salad
Milk, fruit, juice, veggie dippers

25
Cheese toasty
Tomato soup, Chips
Side salad
Milk, fruit, juice, veggie dippers

26
Chicken nuggets
Buttered Egg noodles
Peas & carrots
Milk, fruit, juice, veggie dippers

27
Meatball sub
GF vegetarian meatball
Pasta salad
Milk, fruit, juice, veggie dippers

28
Pizza
GF pizza
Caesar salad
Milk, fruit, juice, veggie dippers

29
No school

***Don't forget to memorize your student I.D., you will be asked to punch in you I.D.# every time you make a purchase.**
***Never share your student I.D. with anyone.**
***Breakfast is served from 7:15am -7:45am.**
***Break is served from 9:39am – 9:47am.**
***First lunch starts @ 11:40am**

***Applications for meal benefits can be submitted at any time during the school year.**
*** There is no charging allowed for any A La Carte items.**