

NOVEMBER 2023 Winnacunnet High School

Meal prices
Student breakfast, \$2.50
Student lunch, \$3.50
Reduced breakfast, free
Adult lunch, \$5.00

ecomeau@warriors.winnacnnet.org

Monday

Tuesday

Wednesday

Beef chili

Vegetarian chili

Cheddar cheese, corn chips

Milk, fruit, juice, veggie dippers

Fish sandwich w/cheese Cold slaw Vegetarian lasagna Mil, fruit, juice, veggie dippers

Thursday

Friday

Pizza GF pizza Caesar salad Milk, fruit, juice veggie dippers

6

Chicken patty sandwich Curried veggie & rice bowl Spinach side salad Milk, fruit, juice, veggie dippers

No school Voting day Cheese steak sub
Tomato, provolone, spinach melt
Chips
Milk, fruit, juice, veggie dippers

Pizza GF pizza Caesar salad Milk, fruit, juice veggie dippers

No school Veterans Day

BBQ beef sandwich Eggplant parmesan sandwich Pasta salad Milk, fruit, juice, veggie dippers Pasta Marinara Cheese filled Bosco stick. Green beans Milk, fruit, juice, veggie dippers

Cheese Quesadilla Black beans & rice Salsa, sour cream Milk, fruit, juice, veggie dippers Traditional turkey dinner Mashed, stuffing, carrots. Cranberry sauce, gravy, roll Vegetarian stuffed Acorn squash Milk, fruit, juice, veggie dippers Pizza GF pizza Caesar salad Milk, fruit, juice veggie dippers

17

Clieese toasty
Tomato soup
Chips
Milk, fruit, juice, veggie dippers

Pizza

GF pizza

Caesar salad

Milk, fruit, juice veggie dippers

No School Thanksgiving break No School
Thanksgiving break

No School Thanksgiving break

27

Cheeseburger
Lettuce, tomato, onion, pickle
Mushroom stew & pasta bowl
Corn chips
Milk, fruit, juice, veggie dippers

Stuffed shells

Marinara sauce

Bread stick, side salad

Milk, fruit, juice, veggie dippers

Meatball sub Vegetarian meatball sub Tomato cucumber salad Milk, fruit, juice, veggie dippers Chicken Fajita

Cold vegetarian power bowl

Steamed corn

Milk, fruit, juice, veggie dippers

