



Ed Comeau, FSD 603-758-9261

# January 2024 Winnacunnet High School

**Prices**  
Student breakfast, \$2.50  
Student lunch, 3.50  
Reduced breakfast, free  
Adult lunch, \$5.00

ecomeau@warriors.winnacunnet.org.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>No school</b> <b>Happy new year</b>	<b>1</b> Chicken & cheese Empanada Vegetarian Lasagna Spinach side salad Milk, fruit, juice, veggie dippers	<b>2</b> Cheese Ravioli Garlic bread stick Steamed green beans. Milk, fruit, juice, veggie dippers	<b>3</b> Steak & cheese sub Avocado toast Wedge fries Milk, fruit, juice, veggie dippers	<b>4</b> Pizza GF pizza Caesar salad Milk, fruit, juice, veggie dippers
<b>8</b> Chicken patty sandwich Eggplant parm sandwich Cold slaw Milk, fruit, juice, veggie dippers	<b>9</b> Penne Marinara Meatballs, garlic bread stick Broccoli salad Milk, fruit, juice, veggie dippers	<b>10</b> Chicken & Waffles, GF and Vegetarian chicken available Spinach salad Milk, fruit, juice, veggie dippers	<b>11</b> Shepards pie Vegetarian Shepards pie Caesar side salad, roll Milk, fruit, juice, veggie dippers	<b>12</b> Pizza GF pizza Caesar salad Milk, fruit, juice, veggie dippers
<b>15</b> <b>No school</b> <b>Martin Luther King/ Civil Rights Day</b>	<b>16</b> Pizza Quesadilla Red beans & rice Caesar salad Milk, fruit, juice, veggie dippers	<b>17</b> KFC chicken bowl Mashed, corn, cheddar cheese. Gravy Vegetarian, GF option available Milk, fruit, juice, veggie dippers	<b>18</b> Teriyaki dippers Roasted teriyaki tofu Brown rice, side salad Milk, fruit, juice, veggie dippers	<b>19</b> Pizza GF pizza Caesar salad Milk, fruit, juice, veggie dippers
<b>22</b> Cheese toasty Tomato soup Chips Milk, fruit, juice, veggie dippers	<b>23</b> <b>No School</b> <b>Voting day</b>	<b>24</b> Chicken nuggets Buttered egg noodles Vegetarian & GF available Milk, fruit, juice, veggie dippers	<b>25</b> Beef Chili or Vegetarian chili Served w cheese, sour cream. Cucumber salad Milk, fruit, juice, veggie dippers	<b>26</b> Pizza GF pizza Caesar salad Milk, fruit, juice, veggie dippers
<b>29</b> Cheeseburger Vegetarian burger Lettuce, tomato, wedge fries Milk, fruit, juice, veggie dippers	<b>30</b> Stuffed shells Vegetarian Lasagna Garlic bread stick, green beans Mil, fruit, juice, veggie dippers	<b>31</b> Turkey Pot Pie or Vegetarian Pot Pie with a biscuit. Garden side salad, cranberry sauce Milk, fruit, juice, veggie dippers		

Don't forget Free & Reduced meal applications can be submitted at any time during the school year. Applications can be found at any register in the dining hall during service. Applications can also be found on the WHS website and submitted electronically.

Please inform the server of any food allergies that you may have  
Soup served daily.  
100% fruit juice, veggie dippers, side salads served daily.  
Vegetarian meals served daily.



Don't forget to memorize your student I.D.  
Custom made deli sandwiches available as a meal option.  
GF meals are available with notice.