



Food Service: 603-758-9261

# OCTOBER 2024

## Winnacunnet High School

Student Breakfast: \$2.55  
Student Lunch, \$3.85

Reduced Breakfast, free  
Reduced Lunch, \$0.40  
Adult lunch, \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

1

Spicy chicken sandwich  
Eggplant parm sandwich  
French fries  
Garden salad  
Milk, fruit, juice, veggie dippers

2

Hot Dogs  
Tomato and cheese toasty  
Baked beans, cole slaw,  
Milk, fruit, juice, veggie dippers

3

Pulled pork sandwich  
Avocado toast  
Cucumber and watermelon  
Milk, fruit, juice, veggie dippers

4

Pizza  
GF Pizza  
Caesar salad  
Milk, fruit, juice, veggie dippers

7

Macaroni & cheese  
Steamed broccoli  
Milk, fruit, juice, veggie dippers

8

Chicken fingers  
Veggie fingers  
Egg noodles  
Milk, fruit, juice, veggie dippers

9

Cheeseburger  
Veggie burger  
Tots, side salad  
Milk, fruit, juice, veggie dippers

10

Steak & Cheese Sub  
Broccoli & Cheese Calzone  
Garden salad  
Milk, fruit, juice, veggie dippers

11

Pizza  
GF Pizza  
Caesar salad  
Milk, fruit, juice, veggie dippers

14

Columbus Day  
No School

15

Chicken nuggets  
Veggie Vegetarian spinach and feta  
pocket  
French fries  
Milk, fruit, juice, veggie dippers

16

BBQ pork sandwich  
Eggplant parm sandwich  
Marinated mushrooms  
Milk, fruit, juice, veggie dippers

17

Chicken Taco  
Rice, bean and cheese burrito  
Spanish rice  
Milk, fruit, juice, veggie dippers

18

Pizza  
GF Pizza  
Caesar salad  
Milk, fruit, juice, veggie dippers

21

Pasta  
Mozzarella sticks  
Garden side salad  
Milk, fruit, juice, veggie dippers

22

Ginger orange popcorn chicken  
Ginger orange roasted tofu  
Brown rice, steamed broccoli  
Milk, fruit, juice, veggie dippers

23

Cheeseburger, WG roll  
Plant based burger  
French fries, pasta salad  
Milk, fruit, juice, veggie dippers

24

Beef taco  
Rice, beans and cheese burrito  
Spanish rice  
Milk, fruit, juice, veggie dippers

25

Pizza  
GF Pizza  
Caesar salad  
Milk, fruit, juice, veggie dippers

28

Pasta with meatballs  
GF pasta with cheese  
Garlic bread, garden salad  
Milk, fruit, juice, veggie dippers

29

Roast drumstick  
Mashed potato, corn  
Spinach and feta pocket  
Milk, fruit, juice, veggie dippers

30

Cheeseburger, WG roll  
Plant based burger  
French fries, pasta salad  
Milk, fruit, juice, veggie dippers

31

Grilled cheese  
Tomato soup, chips,  
Garden salad  
Milk, fruit, juice, dippers

Please let the server know of any allergies you may have. Meals are subject to change.

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PAY FOR MEALS ONLINE  
MySchoolBucks.com