

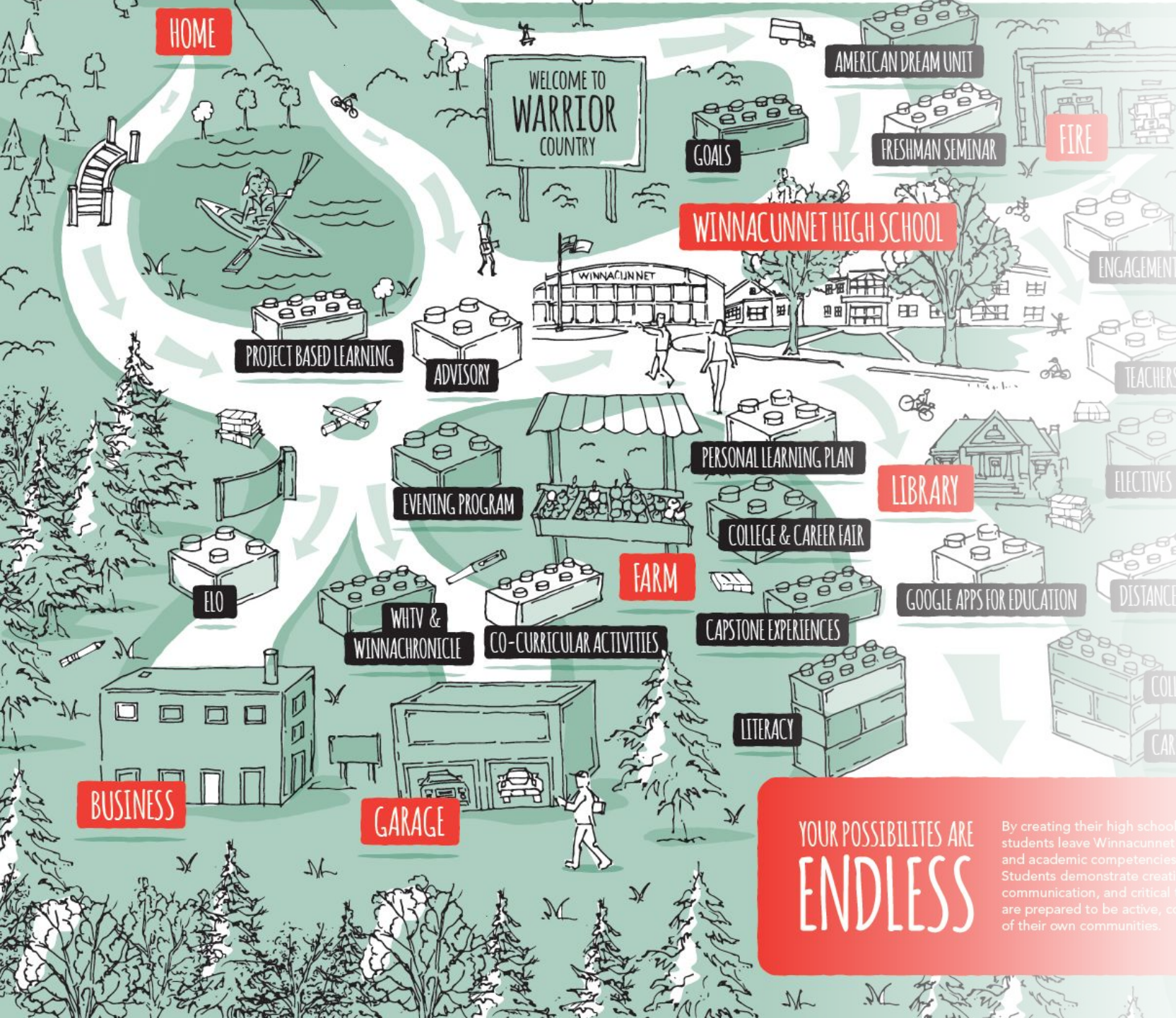


WINNACUNNET
HIGH SCHOOL

HOME OF THE WARRIORS

The Course Selection Process

Class of 2029



•990 Students

•Diverse Interests & Abilities

- 16.8% Special Education
- 19.2% Free/Reduced Lunch
- 9% Title 1

•Comprehensive High School

- Multiple Pathways
- Core Curriculum
- Concentration Courses and Electives
- Extra-curricular Organizations

•Graduation Rate – 92.09%

- 54% Four-Year Colleges
- 13% Two-Year Colleges
- 7% Other Academic

•Drop Out Rate – 1.06%

“... to be engaged in designing my high school experience because when I am engaged, I am the most successful and realize my potential.”

YOUR POSSIBILITIES ARE
ENDLESS

By creating their high school experience, students leave Winnacunnet with the skills and academic competencies to be successful in college and the workforce. Students demonstrate creativity, collaboration, communication, and critical thinking skills. They are prepared to be active, contributing members of their own communities.

Administration

Principal: William McGowan

Assistant Principal Class of 2029 -Amy Hood

Assistant Principal Class of 2028 -Ryan Stevens

Assistant Principal Class of 2027 -Karen Schweizer

Director of Athletics -Aaron Abood

Director of School Counseling - Heather Cronan

Director of Special Education - Amy Therrien

Director of Teaching & Learning-Donna Couture

Director of Technology - Jason Saltmarsh



Welcome Class of 2029

Course Selection Presentation

School Counseling Department

Heather Cronan – Director

Tarnya Fegan – Mental Health Clinician

Emily Ferzoco – School Counselor

Jennifer Francoeur – School Counselor

Sydney Gillis – Admin. Assistant

Karen Langmaid – Registrar

Joseph LeClaire – Behavior Intervention Counselor

Kara Page – School Counselor

Melinda Shofner – College & Career Counselor

Meaghan Varrell – 504 Counselor

Amy Waterhouse – School Counselor

Talley Westerberg – Social Worker

Timeline for Course Selection

January 24th	Program of Studies is available online on WHS website
January 13th February 12th	Middle School Teachers complete student recommendations in PowerSchool
February 12th	Class of 2029 Course Selection Night
February 13th - March 13th	PowerSchool Portal is open for students to sign up for all classes based on teacher recommendations
February 17th - March 14th	High School Counselor Visits
March 5th	Step Up Day
August 12th,13th & 14th	Fresh Start Program - students will receive their schedule and tour their class schedule

Freshman Required Courses

English:	Freshman English (3 trimesters)
Freshman Seminar	Trimester 1 (1 trimester)
Math :	Geometry Honors/Algebra 1 Accelerated/Algebra 1 Prep/ Math I Essentials (3 trimesters)
P.E./ROTC:	Fitness Sports & Games/ ROTC (1 trimester)
Science :	Biology H/Physical Science H/ Physical Science CP/ Physical Science Essential Skills (2 or 3 trimesters)
Social Studies:	Global Perspectives I & II Honors/College Prep or Essential Skills (1 trimester each)



Freshman Electives At a Glance

ART EDUCATION

Art in the Community
Beginning Art I & II
Drawing

ENGLISH

Broadcast TV/WHTV
Dystopian Literature
Filmmaking
Journalism/Winnachronicle
Nature and Environmental Literature
Public Speaking

FAMILY & CONSUMER SCIENCE

Child Growth and Development I & II
Fashion & Fabrics
Foods & Nutrition I

MARINE CORPS JROTC

Leadership Education I/PE
Leadership Education II

MUSIC EDUCATION

Advanced Modern Band
American Popular Music
Band
Beginning Guitar/ Guitar Ensemble
Beginning Strings/String Ensemble
Chorus
Introduction to Modern Band
Introduction to Piano and Keyboard
Introduction to Theatre
Music in Cinema
Music Recording and Sound
Production



More Electives

TECHNOLOGY/BUSINESS EDUCATION

Design, Create, Innovate
Introduction to Business
Intro to Computer Graphics
Robotics
Web Development & Design
Woodworking Technology I

WORLD LANGUAGES (6 credits)

French I
French II
Latin I
Spanish I
Spanish II

SOCIAL STUDIES

American Civil War
Asia Rising
Cultural Geography
Crime and Punishment I
Europe Reborn
Modern Issues
Sports & Society
This is Africa
The 60's
Vietnam Revisited
Women's Study
World War II
World History II



Schedule Information

- Year is divided into 3 trimesters
- 6 courses per trimester
- Courses can be a full year, 2 trimesters, or 1 trimester

Yearlong Course = 6 credits

Two Trimester Course = 4 credits

One Trimester Course = 2 credits

WHS Daily Bell Schedule

Block	Start Time	End Time
Warning	7:40 AM	
1	7:45 AM	8:40 AM
2	8:44 AM	9:39 AM
Break	9:39 AM	9:47 AM
3	9:47 AM	10:42 AM
4	10:46 AM	11:41 AM
5A	11:44 AM	12:12 PM
5B	12:12 PM	12:40 PM
5C	12:40 PM	1:07 PM
Warrior Block	1:11 PM	1:31 PM
6	1:35 PM	2:30 PM

Freshman English

Heterogenous, Yearlong, 6 Credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9				Warrior Block	
Trimester 2:		English 9				Warrior Block	
Trimester 3:		English 9				Warrior Block	

Math

Geometry Honors, Algebra I Accelerated , Algebra I Prep., Math I Essential Skills
Based on teacher recommendation
Yearlong, 6 credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	

Science

Physical Science (Essential Skills, College Prep, Honors) = 2 trimesters, 4 credits

Biology Honors = Yearlong, 6 credits

Based on teacher recommendation

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I	Biology H		Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science pt. 1 (ES, CP, Honors)		Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science pt. 2 (ES, CP, Honors)		Warrior Block	

Social Studies

Global Perspectives I (Honors, CP, ES) AND Global Perspectives II (Honors, CP, ES)
Level based on teacher recommendation
1 trimester, 2 credits (each)

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I	Biology H		Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	

Physical Education/ROTC

Fitness, Sports, & Games OR ROTC

Student can select preference

1 trimester, 2 credits (each)

Block 1

Block 2

Block 3

Block 4

Block 5

Advisory

Block 6

Trimester 1:

	English 9	Geometry H, Alg. I, or Math I	Biology H	PE/ ROTC	Warrior Block	
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Trimester 2:

	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
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Trimester 3:

	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	
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Freshman Seminar

Required for all Freshman
Always taken during 1st trimester
1 trimester, 2 credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:	Freshman Seminar	English 9	Geometry H, Alg. I, or Math I	Biology H	PE/ ROTC	Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	

Electives!

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:	Freshman Seminar	English 9	Geometry H, Alg. I, or Math I	Biology H ELECTIVE	PE/ ROTC	Warrior Block	ELECTIVE World Language
Trimester 2:	ELECTIVE	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	ELECTIVE World Language
Trimester 3:	ELECTIVE	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	ELECTIVE World Language

Total Credits For Graduation

English	18 cr., 4 successive courses
Math	14 cr., 3 successive courses
Science	14cr., 3 successive courses
Social Studies	16 cr. 7 successive courses and concentration course
PE/ROTC	6 cr., 3 successive courses
Wellness	4cr., 2 successive courses
Fine Arts	2cr., 1 course
ICT	2cr. 1 course
Freshman Seminar	2cr., 1 course

Total Credits Required to Graduate = 110

**You must pass
your classes to
earn credit to
graduate**

Every class is worth credits!
(except Study Halls)

You can earn up to 36
credits a year and you have
the potential to earn 144
credits before graduation!

Athletic Contact Information

Athletic Director, Aaron Abood
aabood@warriors.winnacunnet.org

Admin. Assistant, Heather Ziolkowski
hziolkowski@warriors.winnacunnet.org

Athletic Eligibility

Students must pass 5 classes in the proceeding trimester to be eligible

- Winter Sports Eligibility determined by Trimester 1
- Spring Sports Eligibility determined by Trimester 2
- Fall Sports Eligibility determined by Trimester 3

Selecting Classes on the PowerSchool Portal

If You Do Not Attend a Sending School

Please email our registrar, Karen Langmaid,
klangmaid@warriors.winnacunnet.org

Please speak to your current teachers about recommendations for next year.

You can use the Course Selection worksheet to select your courses.



Scheduling Tips

- English & Freshman Seminar are selected for you.
- Select all required classes (teachers have put in the recommendations).
- If you have question about the recommendation, please speak with your current teacher or school counselor directly.
- Some classes have two or three parts, and the credits are connected to the second or third part. Make sure to SELECT ALL the courses.



More Tips

- Read the descriptions for each course.
- Watch the credit numbers at the bottom of the page.
- Sign up for 32–36 credits.
- Study halls do not issue credits.
- Make sure to click submit when completed.
- This is not first come first serve.



Sign Into the WHS PowerSchool Portal

You will use this link to sign into the PowerSchool portal:

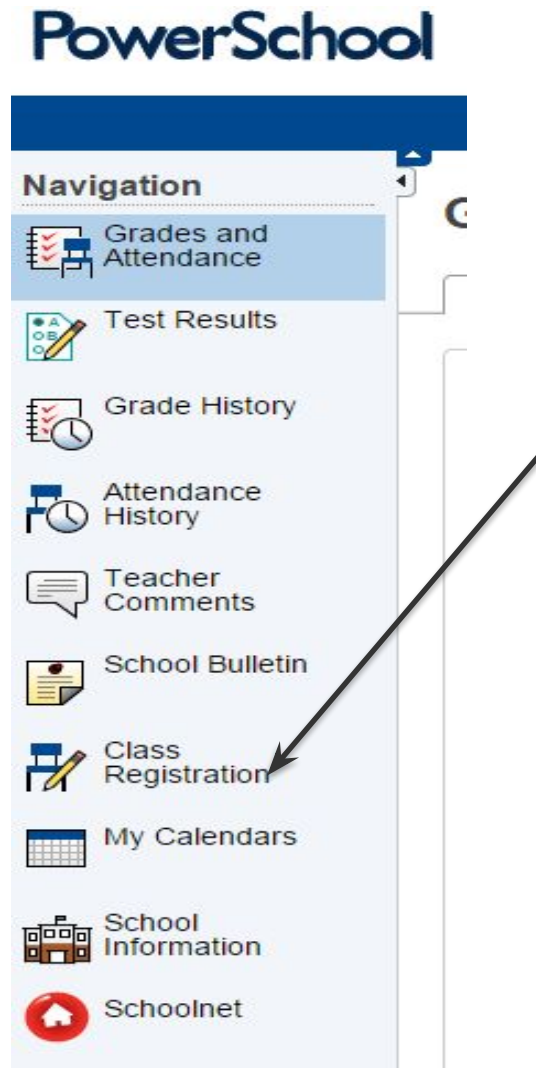
<https://Winnacunnet.powerschool.com/public/home.html>

- Username = student ID Number (current student ID)
- Password = Welcome2WHS

Private and charter schools will register and fill out worksheet



How to Request Courses on PowerSchool:



1. Log into the PowerSchool account
2. Check student name
3. Select “Class Registration”

Freshman English & Freshman Seminar Have Been Preselected

SIS Course Requests

× +

← → ↺

https://winnacunnet.powerschool.com/admin/powerschedule/requestsetup/requestformpreview.html?mode=preview&...

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Navigation

Grades and Attendance

Grade History

Attendance History

Teacher Comments

Student Reports

School Bulletin

Class Registration

Balance

MySchoolBucks

My Schedule

School Information

Welcome to the Winnacunnet High School Class Registration System for 2021-2022

Welcome to your freshman year! Please use the boxes below in order to select your 9th grade classes.

View course requests

Pre-selected Classes

These courses are required for all incoming students and will be automatically assigned by the system.

Number of requests to generate : 1

Freshman English




ENG107 - 6 credits

The freshman English

Freshman Seminar



FROSH1 - 2 credits

The Freshman Seminar



Math Required Courses

Click the edit button to request a course ➡





Use this box to select your required math class(es).

Number of requests to generate : 1

Physical Education Required Courses

Click the edit button to request a course ➡





Use this box to select your required physical education class(es).

Number of requests to generate : 1

Science Required Courses

Click the edit button to request a course ➡





Use this box to select your required science class(es).

Number of requests to generate : 1

Social Studies Required Courses

Click the edit button to request a course ➡



Use this box to select your required social studies

For Each Subject Area, Select the Pencil Icon, and a List of Courses Will Appear.

! Subject Areas with a Red Exclamation are Required !

Navigation



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Welcome to your freshman year! Please use the boxes below in order to select your 9th grade classes.

[View course requests](#)

Pre-selected Classes

These courses are required for all incoming students and will be automatically assigned by the system.

Number of requests to generate : 1

Freshman English

ENG107 - 6 credits

The freshman English

Freshman Seminar

FROSH1 - 2 credits

The Freshman Seminar



Math Required Courses

[Click the edit button to request a course](#) ➔

Use this box to select your required math class(es).

Number of requests to generate : 1



➔
Required

Physical Education Required Courses

[Click the edit button to request a course](#) ➔

Use this box to select your required physical education class(es).

Number of requests to generate : 1



Science Required Courses

[Click the edit button to request a course](#) ➔

Use this box to select your required science class(es).

Number of requests to generate : 1





Social Studies Required Courses

[Click the edit button to request a course](#) ➔

Use this box to select your required social studies



Sample Selection

Math Required Courses						
Use this box to select your required math class(es).						
	Course Name ▲	Number	Course Description	Credits	 Prerequisite Note	Alerts
<input type="checkbox"/>	Algebra 1 Accelerated	MAT125	This is an accelerated course intended for students who plan to attend a four- year college. Traditional algebra topics will be stressed including quadratic functions. In addition, selected topics from probability, statistics, and geometry will be included. Students should expect a rigorous pace with assignments every night.	6	"B" or better in 8th grade Pre-Algebra with teacher recommendation. Note: Students who took Algebra I in grade 8 may repeat Algebra I in high school for high school credit.	
<input type="checkbox"/>	Algebra 1 Prep PT 1	MAT161	This course is the first in the Algebra I series. In this course students will study algebraic topics such as operations with signed numbers, evaluating expressions, solving linear equations and inequalities, and ratios and proportions.	2	Requires Algebra I Part 2 and 3	
<input type="checkbox"/>	Algebra 1 Prep PT 2	MAT162	This course is the second in the Algebra I series. In this course students will study algebraic topics such as graphing linear equations, and	2	Requires Algebra I Part 1 and 3	

- Click on the pencil icons to select courses.
- Courses are in alphabetical order
- Read the Course Description
- Read the Prerequisite Note
- The Course Recommended Will Be Bolded

Select the Course You are Requesting by Checking the Box on the Left-Hand Side and Then Click “okay” at the Bottom of the Screen

Note: If you are recommended for Algebra I, you must select all 3 parts.

Algebra I part 1, Algebra I part 2 and Algebra I part 3. It will not let you submit if you do not select all 3.

Math Required Courses						
			Statistics, and geometry will be included. Students should expect a rigorous pace with assignments every night.			
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 1	MAT161	This course is the first in the Algebra I series. In this course students will study algebraic topics such as operations with signed numbers, evaluating expressions, solving linear equations and inequalities, and ratios and proportions.	2	Requires Algebra I Part 2 and 3	
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 2	MAT162	This course is the second in the Algebra I series. In this course students will study algebraic topics such as graphing linear equations, and inequalities, systems of linear equations and inequalities, and topics in both probability and statistics.	2	Requires Algebra I Part 1 and 3	
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 3	MAT163	This course is the third and final course in the Algebra I series. In this course students will study algebraic topics such as rules of exponents, factoring and basic operations with polynomials. Functions.	2	Requires Algebra I Part 1 and 2	

Watch Your Total Credit Count at the Bottom of the Page When Selecting Electives

*Note: A submission error will appear if you select below 33 or over 36
If you sign up for one study hall, your total should be 34 credits (study halls do not carry credit)*

Art Electives

Click the edit button to request a course ➡



The art department offers a wide variety of electives including exploratory, intermediate & advanced classes.

Number of requests to generate : 1

Business Electives

Click the edit button to request a course ➡



The business department offers a wide variety of electives including finance, marketing and communications.

Number of requests to generate : 1

English Electives

Click the edit button to request a course ➡



In addition to the required Freshman English class, students are able to select from a variety of English electives.

Number of requests to generate : 1

Family & Consumer Sciences Electives

Click the edit button to request a course ➡










The FACS department offers a wide variety of electives including human development, foods & nutrition, and design.

Number of requests to generate : 1

You Must Hit Submit When Done or Classes Will Not Be Saved

You must select between 33–36 credits saved !

Technology Education Department	Click the edit button to request a course ➡	 
The technology education department offers a wide variety of electives including engineering, architecture, computer graphics & woodworking.		
Number of requests to generate : 1		
World Language Department	Click the edit button to request a course ➡	 
The World Language department offers a wide variety of classes including Spanish, French & Latin.		
Number of requests to generate : 1		
Additional Requests	Click the edit button to request a course ➡	 
Requests that are currently not associated with any requirement group.		
Requires between 30 and 45 credit hours. Requesting 40 credit hours. Requesting 0 additional credit hours.		



Submit

Error Messages

education department offers a wide
s including engineering,
puter graphics & woodworking.

sts to generate : 1

Request Submission Failed



1. You did not select a course for this requirement: **Science Department**

Department

age departm

including Spanish, French & Latin.

sts to generate : 1

sts

Click the edit button to request a course ➡

e currently not associated with any

n

Helpful Handouts

Program of Studies

WHS Diploma Requirements, pg. 3–5

Freshman Elective Courses at a Glance, pg. 20–21

Course Selection Worksheet (yellow)

Guide for you- do not need to submit

Course Selection Guide Letter



A Word From Your Teachers.....

English: Mrs. Plonski

Math: Mr. Myers

Science: Mr. Handwork

Social Studies: Mrs. Roberge

Special Education: Amy Therrien, Carrie Smallwood





Summer Enrichment Winnacunnet Classes of 2029 & 2028

Monday, July 7, 2025 - Thursday, July 24, 2025

Monday through Thursday 8:30-11:30 am



WELCOME FRESHMEN!



FRESH START 2025

AUGUST 12, 13, 14, 2025

9:00 - 11:45 AM AT WHS

Fresh Start is a 3-day orientation to Winnacunnet High School open to all members of the Class of 2029.

Thank You!

Check out the Winnacunnet
website at

www.winnacunnet.org
for updated information

You can proceed to the
DINING HALL to check out
electives, student activities,
the school store and speak
to any of us directly.

Student led tours will start
in the **FRONT LOBBY**.