



LUNCH

603-758-9261

SEPTEMBER 2025

Winnacunnet High School

Monday

Online meal application can be found on SAU21 webpage or Winnacunnet High School webpage
No School

lunch
; w/ Oven Fries
veggie Bites

Pasta with
Garden Salad, V
2005 E

- Pasta with Meat Sauce
- Pasta with Sauce with Garlic Knot and Green Beans
- Garden Salad, Veggie Dipper, Milk

Pasta with Meat Sauce	4	Soft Taco	Pizza
Pasta with Sauce with Garlic Knot and Green Beans		Impossible Beef Taco	GF Pizza
Garden Salad, Veggie Dippers, Milk		Cilantro Lime Rice	Caesar Salad, Milk
Garden Salad, Veggie Dippers, Milk		Fixing Table	Fruit Juice, Fresh F
Garden Salad, Veggie Dippers, Milk			Veggie Dipper

Pasta with Meat Sauce	5	Pasta with Sauce with Garlic Knot and Green Beans	Garden Salad, Veggie Dippers, Milk
Soft Taco	4	Impossible Beef Taco Cilantro Lime Rice Fixing Table	Garden Salad, Veggie Dippers, Milk
Pizza	5	GF Pizza	Caesar Salad, Milk or 100% Fruit Juice, Fresh Fruits and Veggie Dippers

**Chicken Nuggets with
Oven Fries
Veggie Bites**

Garden Salad, Veggie Dippers, Milk
or 100% Er. lit. 100% Er. lit. 100% Er. lit.

Sandwich with
Potato Fries
BBQ Tofu
d, Veggie Dippers, Milk
ruit Juice, Fresh Fruit

Chicken Broccoli and Pasta

Broccoli and Pasta

Chicken Broccoli and Pasta	Beef Nachos with Fixings	Pizza
Broccoli and Pasta	Cheese Nachos	GF Pizza
Garden Salad, Veggie Dippers, Milk or 100% Fruit Juice, Fresh Fruit	Rice and Beans, Fixing Table Garden Salad, Veggie Dippers, Milk	Caesar Salad, Milk Fruit Juice, Fresh F Veggie Dipper
10	11	

Chicken Patty w/ Oven Fries

Veggie Patty

Fixing Table

Gordon Ramsay's Veggie Burgers

16 Ravioli Garlic Knot Broccoli

BBQ Chicken Leg	17	Chicken Taco Salad 8	Pizza
		Veggie Burger Salad	GF Pizza
		Rice and Beans	Caesar Salad, Milk
		Garden Salad, Veggie Dippers, Milk	Fruit Juice, Fresh Fruit
		or 100% Fruit Juice, Fresh Fruit	Vegetable Dinner

Tenders w/ Oven Fries Veggie Bites

3
Filled Bosco
w/ Marinara
Sauce
Broccoli

Pizza	GF Pizza
Caesar Salad, Milk	Fruit Juice, Fresh F
Homemade Chicken Sub	Quesadilla
Eggplant Parmesan Sub	Cheese Quesadilla
Sweet Potato Fries	Rice and Beans, Fixing Table
Garden Salad, Veggie Dippers, Milk	

Cheeseburger w/ Oven Fries

Impossible Cheese

Fixing Table

Garden Salad, Veggie Dippers, Milk or 100% Fruit Juice, Fresh Fruit

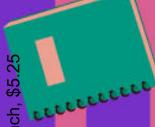
Made Mac and
Cheese Broccoli
d, Veggie Dippers, Milk
ruit Juice, Fresh Fruit

An illustration of various school supplies. At the top, there's a large orange backpack with a yellow strap. Below it are several colorful books in shades of pink, blue, and green. In the center, there's a white pencil case with a pink pencil sticking out. To the right, there's a white book with a yellow cover. The background is a dark purple color with two small yellow stars.

This is an equal opportunity employer.
Menu subject to change without notice.
Please alert staff of any food allergies.
GF meals upon request

Fresh Made to Order Deli Sandwiches
Ready To Go Options: Fresh Assorted Salads and Assorted Sandwiches.
Hot Grab and Go: Changes Daily: Please check the Menu Board

Student Lunch, \$4.00
Student Breakfast: \$2.65
Reduced Breakfast, free
Reduced Lunch, \$.40
Adult lunch, \$5.25



PAY FOR MEALS ONLINE
 [MySchoolBucks.com](#)