



603-758-9261

OCTOBER 2025

Winnacunnet High School

Student Lunch, \$4.00
Student Breakfast: \$2.65
Reduced Breakfast, free
Reduced Lunch, \$4.40
Adult Lunch, \$5.25
Milk .65

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Nuggets w/ 6
Oven Fries
Veggie Bites

Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Pasta with Meat Sau 7
Pasta with Sauce
with Garlic Knot and
Broccoli

Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Pancakes with 1
Sausage Patty
Roasted Sweet Potato
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit
Beef and Broccoli Bowl

Impossible and Broccoli 8
(Korean Beef Bowl Style)
Brown Rice
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Beef Nachos with 2
Fixings
Cheese Nachos
Rice and Beans, Fixing Table
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Homemade Chicken 9
Quesadilla
Cheese Quesadilla
Rice and Beans, Fixing Table
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Pizza 3
GF Pizza
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers

Pizza 10
GF Pizza
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers
Early Release, First Lunch at 10:50

No School 13
Columbus Day

Cinnamon French Toast 14
With Sausage Patty
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Steak and Cheese S 15
Impossible and Cheese
Sub
Sweet Potato Fries
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Oven Potato Fries w/ 16
Fixings Table
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Pizza 17
GF Pizza
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers

Tenders w/ Oven Fr 20
Veggie Bites

Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Rib-a-Que Sandwich 21
Eggplant Sandwich
Sweet Potato

Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

KFC Bowl 22
Veggie Nugget Bowl

Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Soft Taco 23
Impossible Beef Taco
Cilantro Lime Rice
Fixing Table
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Pizza 24
GF Pizza
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers

Spicy Chicken Patty 27
Oven Fries
Veggie Patty
Fixing Table
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Cheese Ravioli 28
With Garlic Knot
Broccoli
Garden Salad, Veggie Dippers, Milk
or 100% Fruit Juice, Fresh Fruit

Toasty Cheese w/ 29
Tomato Soup
Garden Salad, Veggie Dippers, Milk,
100% Fruit Juice, Fresh Fruit

French Bread Pizz 30
GF Pizza
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers

Mummy Dogs 31
Veggie Dogs
Baked Beans
Caesar Salad, Milk or 100%
Fruit Juice, Fresh Fruits and
Veggie Dippers

This is an equal opportunity employer.
Menu subject to change without notice.
Please alert staff of any food allergies.
GF meals upon request

Fresh Made to Order Deli Sandwiches
Ready To Go Options: Fresh Assorted Salads and Assorted Sandwiches.
Hot Grab and Go: Changes Daily: Please check the Menu Board
Menu Subject to change without notice

