



WINNACUNNET
HIGH SCHOOL

HOME OF THE WARRIORS

Welcome Class Of 2030



An aerial photograph of a school campus. The campus features four large, interconnected buildings with white and brick exteriors. To the left of the buildings is a large parking lot filled with cars. Behind the buildings is a red running track and a green football field. To the right of the track are two baseball fields with green grass and brown dirt bases. The entire campus is surrounded by dense green trees. In the background, there are residential houses and a body of water.

Four Buildings
282,00 Square
Feet
94 Classrooms



56 Acre School Campus
18 Acres of Playing Fields
5 Acres Lawns & Gardens

This aerial photograph captures a sprawling school campus. In the foreground, a red running track curves along the bottom edge. Above the track is a large, modern stadium with tiered seating and a central press box. The middle ground is dominated by several large, green playing fields, including soccer fields and baseball diamonds, some of which are marked with white lines. To the right of the fields, a cluster of school buildings with white and red roofs is visible, along with a parking lot filled with cars. In the background, a dense forest of green trees surrounds the campus, and a winding road or path is visible through the woods. The overall scene is bright and sunny, with clear shadows cast by the buildings and trees.



Winnacunnet at a Glance

Overview

- 993 Students
- 19% Special Education
- 16.2% Free/Reduced Lunch
- 9% Title 1
- Dropout Rate - 1.06%
- Graduation Rate
 - Four-Year: 92.09%
 - Five-Year: 92.78%
- 54% Four-Year Colleges
- 13% Two-Year Colleges
- 7% other Academic /Military

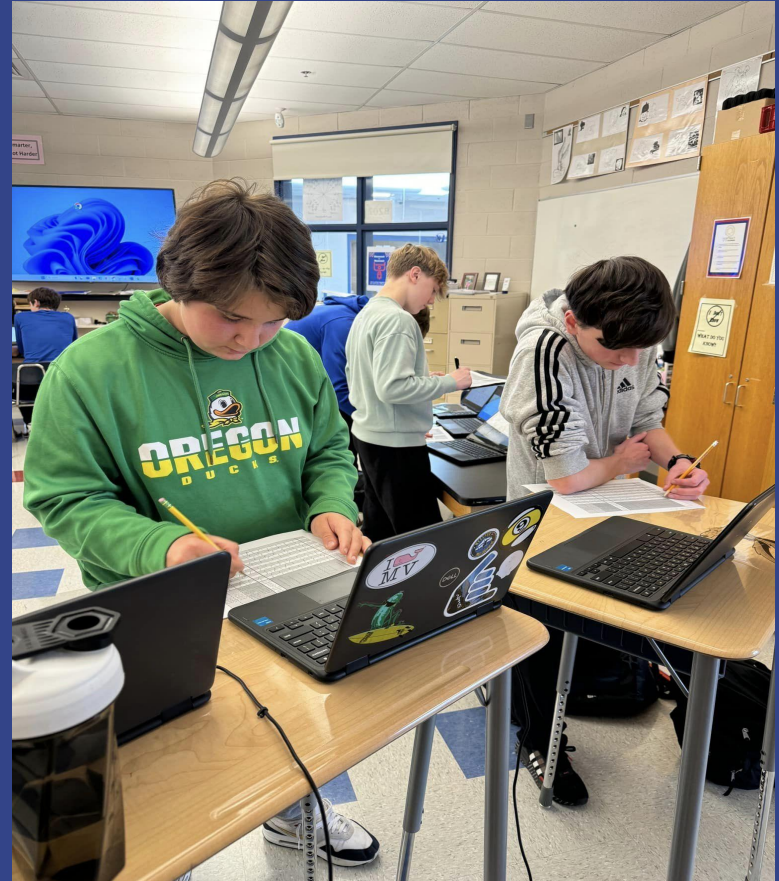


Awards & Achievements

- Earned high National, State, and metro-area rankings in US New & World Report:Best High Schools in 2018 - 2025
- 2019 Top 100 high school in the nation by The Best Schools
- 2017 NH High School of Excellence
- Blue Ribbon Achievement Award in recognition of the extraordinary volunteer efforts of Winnacunnet staff and students.
- Gold Circle Award in recognition of the valuable partnerships that Winnacunnet has with local businesses.



Curriculum





Winnacunnet Staff 2025 – 2026

Portrait of a Learner: WHS Core Themes



PORTRAIT
OF A **LEARNER**

- Academics
- Mindsets
- Essential Life Skills
- Physical and Mental Wellness
- Community Engagement



Scheduling



- WHS runs on a Trimester schedule.
- 6 Courses a Trimester and Warrior Block
- 6 blocks a day, 55 minutes. Warrior Block 20 minutes a day.
- Trimesters are 12 weeks long
 - Courses can run one trimester, two-trimesters, or year long.



WHS Daily Bell Schedule

Block	Start Time	End Time
Warning	7:40 AM	
1	7:45 AM	8:40 AM
2	8:44 AM	9:39 AM
Break	9:39 AM	9:47 AM
3	9:47 AM	10:42 AM
4	10:46 AM	11:41 AM
5A	11:44 AM	12:12 PM
5B	12:12 PM	12:40 PM
5C	12:40 PM	1:07 PM
Warrior Block	1:11 PM	1:31 PM
6	1:35 PM	2:30 PM

Course Offerings – Program of Studies

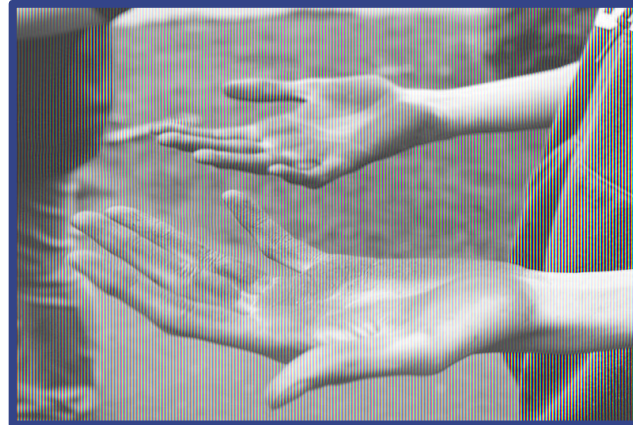


- 175 elective courses at WHS
- Courses are available for all skill-levels (AP/Honors/CP/ES)
- Dual grading system
 - Competency
 - Traditional



Seacoast School of Technology (SST)

- Animal and Plant Science
- Automotive Technologies
- Biomedical Science & Technology
- Building Construction
- Careers in Education
- Computer Science
- Culinary Arts
- Digital Media Arts
- Health Science Technologies II
- Marketing Technologies II
- Pre-Engineering
- Welding Technology II



College Credit Opportunities

Advanced Placement Courses

- English Literature & Composition
- US History I & II
- Calculus
- Statistics
- Biology
- Chemistry
- Physics I & II
- Studio Art
- Computer Science
- Environmental Science



Early College/ Dual Enrollment Courses

- College Composition
- Topics in Applied College Math (TAC)
- Spanish IV
- Calculus
- Anatomy & Physiology
- Seacoast School of Technology
 - Animal and Plant Science
 - Automotive
 - Biomedical Science & Technology
 - Business, Finance & Marketing
 - Careers in Education
 - Computer Science
 - Culinary Arts
 - Digital Media Arts
 - Health Science
 - Pre-Engineering
 - Welding



Technology Support

All students will receive a Chromebook

[Website](#) for students and parents/guardians that will

- Provide information and tutorials for digital tools within the Google Suite and beyond
- Explore the essential characteristics of Chromebooks and Chrome OS
- Explain how to get help if your Chromebook needs repair



Extended Learning Opportunities (ELOs)

Credit-bearing learning experiences that happens outside of the traditional classroom setting

- Independent Coursework
- Career Exploration
- Advanced Study
- Internship
- Project Based Learning (PBL)



ELOs promote real world learning experiences that are driven by the students own interests, skills and abilities.

Some of these opportunities are available to Freshmen. In some cases, ELOs can be scheduled within a student's day.

More info can be found on the ELO website - www.whselo.com





Adaptive Skateboarding

Sustainable Wastewater Treatment



Wisdom Warriors





Exeter
Hospital

FIELD
TRIPS

Construction
Career Days



Student Activities



Athletics

Fall Sports

- Football (Coed)
- Golf (B & G)
- Soccer (B & G)
- Cross Country (B & G)
- Bass Fishing (Coed)
- Volleyball (G)
- Spirit (Coed)
- Field Hockey (G)
- Unified Soccer (Coed)

Winter Sports

- Ice Hockey (B & G)
- Wrestling (Coed)
- Basketball (B & G)
- Indoor Track (B & G)
- Swimming & Diving (B & G)
- Spirit (Coed)
- Bowling (Coed)
- Alpine Ski (B & G)
- Nordic Ski (B & G)
- Unified Basketball (Coed)
- Gymnastics

Spring Sports

- Baseball (B)
- Lacrosse (B & G)
- Tennis (B & G)
- Track & Field (B & G)
- Unified Track & Field
- Softball (G)
- Volleyball (B)

<http://www.winnacunnethletics.org/>



Academic Clubs

- National Business Honor Society
- Italian Club
- Granite State Challenge
- Literary Magazine 9 –12
- Math Team 9 –12
- National Honor Society 11-12
- Winnachronicle 10-12
- Play Productions 9 – 12
- Project Search 10-12
- Chess Club 9 –12
- Latin Club
- NAMI
- Science Club 9 – 12
- Tri Music Honor Society 11-12
- Washington Studies Close-up 10-12
- Yearbook, The Sachem 10-12
- Young Democrats 9 –12
- Young Republicans



Service and Other Opportunities

- Criminal Justice Club 9-12
- Warrior Spirit Club
- Community Service 9 –12
- Interact 9 –12
- Disconnect to Connect 9 – 12
- Winnacunnet Community Band 9 – 12
- Winnacore Volunteer Honor Society 9 – 12
- Fresh Start Counselors 10-12
- Freshman Seminar Peer Leader 11-12
- HOSA 9-12
- Cooking Club 9-12
- Animal Action Club 9-12
- Astronomy Club 9 –12
- Carpentry Call – Tech/Stage Setup 9 – 12
- Dance Team 9 –12
- Pickleball Club
- Gay Straight Alliance (GSA)
- Outdoor Leadership
- Quill & Scroll International 9 – 12
- Science and Nature Club 9 –12
- Spotlight Players Thespian Society 9 –12
- Writer's Club
- Mission: Kid to Kid 9-12
- American Sign Language 9-12



Student Supports



SCHOOL COUNSELING OFFICE !



HEATHER CRONAN
COUNSELOR



AMY WATERHOUSE
COUNSELOR



EMILY FERZOCCO
COUNSELOR



KARA PAGE
COUNSELOR



JEN FRANCOEUR
COUNSELOR



KAREN LANGMAID
REGISTRAR



MELINDA SHOFNER
COLLEGE & CAREER



TARNYA FEGAN
STUD. ASSISTANCE



TALLEY WESTERBERG
SOCIAL WORKER



MEAGHAN VARRELL
504 COUNSELOR



JOE LECLAIRE
BSC



SYDNEY GILLIS
ADMIN ASSISTANT

School Counseling Supports

Academic Support

Develop individualized academic plans that are challenging and engaging and prepares each student graduation and post secondary plans.

Social Emotional

Utilize a multi-tiered system of supports to provide solution based counseling including stress management, conflict resolution, crisis intervention, substance use counseling, any other direct services designed to meet student's immediate needs.

This system includes our **School Counselors, Licensed Social worker, Licensed Mental Health/Drug and Alcohol counselor, 504 Counselor** and a relationship with Seacoast Mental Health.

College and Career Planning

Develop individual plans in preparing for a successful transition after high school to college or the workforce. Each student will work closely with our college and career counselor.



Special Education

A Philosophy of Inclusion

Our Specialized Programs:

- Learning Labs
- Functional Services
- Transitional Services
- Behavioral Services
- Related Services

Our Extracurriculars:

- Homework Club
- Games Club
- Best Buddies
- Unified Athletic Teams



Transition to Winnacunnet



Transition Events

- Course Selection Night (February)
- Step Up Day (Spring)
- Sea To Summit (July- Optional program)
- Fresh Start Orientation (August)
- Freshman First Day
- Freshman Seminar (trimester 1)
- Freshman “Meet and Greet”





Contact Us

www.winnacunnet.org

603-926-3395

Principal
William McGowan
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Class of 2030 Assistant Principal
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Director of Teaching and Learning
Donna Couture
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Director of Special Services
Amy Therrien
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Director of School Counseling
Heather Cronan
hcronan@winnacunnet.org

Director of Athletics
Aaron Abood
aabood@winnacunnet.org

Student Panel



- ★ Student Involvement
- ★ Favorite Class
- ★ A Positive Impact
- ★ Proud to be a Warrior
- ★ Thoughtful Advice

Winnacunnet High School

Social Media Accounts



@winnacunnet
highschool



/winnacunnet

*Please follow us
on
social media!*
