



WINNACUNNET
HIGH SCHOOL

HOME OF THE WARRIORS

The Course Selection Process

Class of 2030

Administration

Principal: William McGowan

Assistant Principal Class of 2029 - Amy Hood

Assistant Principal Class of 2028 - Ryan Stevens

Assistant Principal Class of 2030 - Karen Schweizer

Director of Athletics - Aaron Abood

Director of School Counseling - Heather Cronan

Director of Special Education - Amy Therrien

Director of Teaching & Learning - Donna Couture

Director of Technology - Jason Saltmarsh



Welcome Class of 2030

Course Selection Presentation

School Counseling Department

Heather Cronan – Director

Tanya Fegan- Mental Health Clinician

Emily Ferzoco – School Counselor

Jennifer Francoeur – School Counselor

Sydney Gillis - Admin. Assistant

Karen Langmaid- Registrar

Joseph LeClaire- Behavior Intervention Counselor

Kara Page – School Counselor

Melinda Shofner- College & Career Counselor

Meaghan Varrell – 504 Counselor

Amy Waterhouse- School Counselor

Talley Westerberg – Social Worker

Timeline for Course Selection

January	Program of Studies is available online on WHS website
January 16th -February 11th	Middle School Teachers complete student recommendations in PowerSchool
February 11th	Class of 2030 Course Selection Night
February 12th - March 20th	PowerSchool Portal is open for students to sign up for all classes based on teacher recommendations
February 17th - March 20th	High School Counselor Visits
March 18th	Step Up Day
August 11, 12, 13	Fresh Start Program - students will receive their schedule and tour their class schedule

Freshman Required Courses

English: Freshman English (3 trimesters)

Freshman Seminar Trimester 1 (1 trimester)

Math : Geometry Honors/Algebra 1 Accelerated/Algebra 1 Prep/ Math I Essentials (3 trimesters)

P.E./ROTC: Fitness Sports & Games/ ROTC (1 trimester)

Science : Biology H/Physical Science H/ Physical Science CP/ Physical Science Essential Skills (2 or 3 trimesters)

Social Studies: Global Perspectives I & II Honors/College Prep or Essential Skills (1 trimester each)



Freshman Electives At a Glance

ART EDUCATION

Art in the Community
Beginning Art I & II
Drawing
Watercolor

ENGLISH

Dystopian Literature
Nature and Environmental Literature
Public Speaking
WHTV (broadcast television)
Winnachronicle (Journalism)

FAMILY & CONSUMER SCIENCE

Child Growth and Development I & II
Fashion & Fabrics
Foods & Nutrition I

MARINE CORPS JROTC

Leadership Education I/PE
Leadership Education II

MUSIC EDUCATION

Advanced Modern Band
American Popular Music
Band
Beginning Guitar/ Guitar Ensemble
Beginning Strings/String Ensemble
Chorus
Introduction to Modern Band
Introduction to Piano and Keyboard
Intro to Theatre: Broadway Musicals
Music in Cinema
Music Recording and Sound
Production



More Electives

TECHNOLOGY/BUSINESS EDUCATION

Design, Create, Innovate
Introduction to Business
Intro to Computer Graphics
Robotics
Woodworking Technology I

WORLD LANGUAGES (6 credits)

French I
French II
Latin I
Spanish I
Spanish II

SOCIAL STUDIES

American Civil War
Asia Rising
Cultural Geography
Crime and Punishment I
Europe Reborn
Modern Issues (debate)
Sports & Society
This is Africa
The 60's
Vietnam Revisited
Women's Study
World War II
World History I



Schedule Information

- Year is divided into 3 trimesters
- 6 courses per trimester
- Courses can be a full year, 2 trimesters, or 1 trimester

Yearlong Course = 6 credits

Two Trimester Course = 4 credits

One Trimester Course = 2 credits

WHS Daily Bell Schedule

Block	Start Time	End Time
Warning	7:40 AM	
1	7:45 AM	8:40 AM
2	8:44 AM	9:39 AM
Break	9:39 AM	9:47 AM
3	9:47 AM	10:42 AM
4	10:46 AM	11:41 AM
5A	11:44 AM	12:12 PM
5B	12:12 PM	12:40 PM
5C	12:40 PM	1:07 PM
Warrior Block	1:11 PM	1:31 PM
6	1:35 PM	2:30 PM

Freshman English

Heterogenous, Yearlong, 6 Credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9				Warrior Block	
Trimester 2:		English 9				Warrior Block	
Trimester 3:		English 9				Warrior Block	

Math

Geometry Honors, Algebra I Accelerated , Algebra I Prep., Math I Essential Skills
Based on teacher recommendation
Yearlong, 6 credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I			Warrior Block	

Science

Physical Science (Essential Skills, College Prep, Honors) = 2 trimesters, 4 credits

Biology Honors = Yearlong, 6 credits

Based on teacher recommendation

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I	Biology H		Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science pt. 1 (ES, CP, Honors)		Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science pt. 2 (ES, CP, Honors)		Warrior Block	

Social Studies

Global Perspectives I (Honors, CP, ES) AND Global Perspectives II (Honors, CP, ES)

Level based on teacher recommendation

1 trimester, 2 credits (each)

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I	Biology H		Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	

Physical Education/ROTC

Fitness, Sports, & Games OR ROTC

Student can select preference

1 trimester, 2 credits (each)

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:		English 9	Geometry H, Alg. I, or Math I	Biology H	PE/ ROTC	Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	

Freshman Seminar

Required for all Freshman
Always taken during 1st trimester
1 trimester, 2 credits

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:	Freshman Seminar	English 9	Geometry H, Alg. I, or Math I	Biology H	PE/ ROTC	Warrior Block	
Trimester 2:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	
Trimester 3:		English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	

Electives!

	Block 1	Block 2	Block 3	Block 4	Block 5	Advisory	Block 6
Trimester 1:	Freshman Seminar	English 9	Geometry H, Alg. I, or Math I	Biology H ELECTIVE	PE/ ROTC	Warrior Block	ELECTIVE World Language
Trimester 2:	ELECTIVE	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 1 (ES, CP, Honors)	Global Perspectives I (H, CP, ES)	Warrior Block	ELECTIVE World Language
Trimester 3:	ELECTIVE	English 9	Geometry H, Alg. I, or Math I	Biology Honors or Physical Science part 2 (ES, CP, Honors)	Global Perspectives II (H, CP, ES)	Warrior Block	ELECTIVE World Language

Total Credits For Graduation

English	18 cr., 4 successive courses
Math	14 cr., 3 successive courses
Science	14cr., 3 successive courses
Social Studies	16 cr. 7 successive courses and concentration course
PE/ROTC	6 cr., 3 successive courses
Wellness	4cr., 2 successive courses
Fine Arts	2cr., 1 course
ICT	2cr. 1 course
Freshman Seminar	2cr., 1 course

Total Credits Required to Graduate = 110

**You must pass
your classes to
earn credit to
graduate**

Every class is worth credits!
(except Study Halls)

You can earn up to 36 credits
a year and you have the
potential to earn 144 credits
before graduation!

Athletic Contact Information

Athletic Director, Aaron Abood
aabood@winnacunnet.org

Admin. Assistant, Heather Ziolkowski
hziolkowski@winnacunnet.org

Athletic Eligibility

Students must pass 5 classes in the proceeding trimester to be eligible

- Winter Sports Eligibility determined by Trimester 1
- Spring Sports Eligibility determined by Trimester 2
- Fall Sports Eligibility determined by Trimester 3

Selecting Classes on the PowerSchool Portal

If You Do Not Attend a Sending School

Please email our registrar, Karen Langmaid,
klangmaid@winnacunnet.org

Please speak to your current teachers about recommendations for next year.

You can use the Course Selection worksheet to select your courses.



Scheduling Tips

- English & Freshman Seminar are selected for you.
- Select all required classes (teachers have put in the recommendations).
- If you have question about the recommendation, please speak with your current teacher or school counselor directly.
- Some classes have two or three parts, and the credits are connected to the second or third part. Make sure to SELECT ALL the courses.



More Tips

- Read the descriptions for each course.
- Watch the credit numbers at the bottom of the page.
- Sign up for 32-36 credits.
- Study halls do not issue credits.
- Make sure to click submit when completed.
- This is not first come first serve.



Sign Into the WHS PowerSchool Portal

You will use this link to sign into the PowerSchool portal:

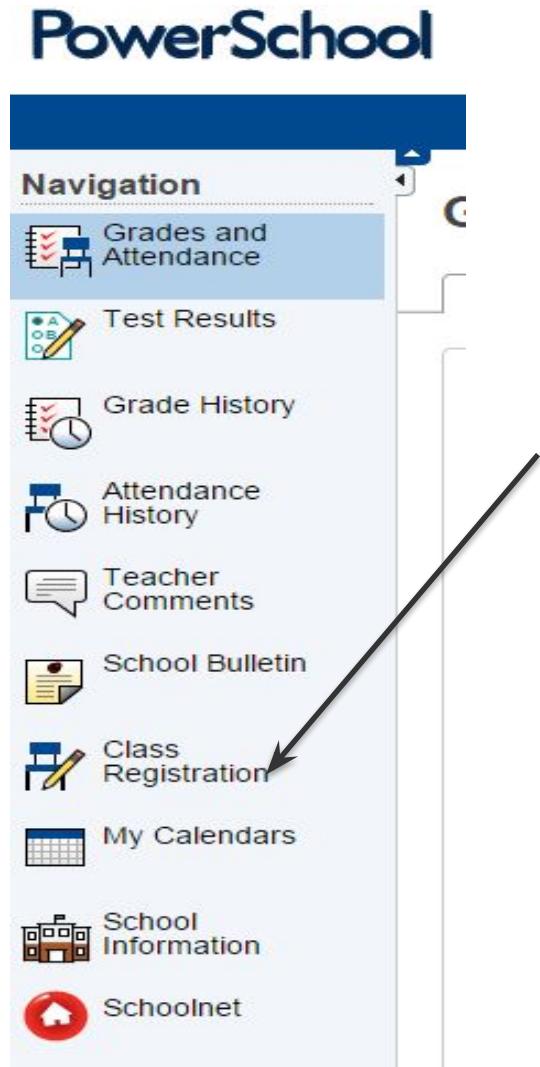
<https://Winnacunnet.powerschool.com/public/home.html>

- Username = student ID Number (current student ID)
- Password = Welcome2WHS

Private and charter schools will register and fill out worksheet



How to Request Courses on PowerSchool:



1. Log into the PowerSchool account
2. Check student name
3. Select “Class Registration”

Freshman English & Freshman Seminar Have Been Preselected

SIS Course Requests X

<https://winnacunnet.powerschool.com/admin/powerschedule/requestsetup/requestformpreview.html?mode=preview&...> ...

Navigation

-  Grades and Attendance
-  Grade History
-  Attendance History
-  Teacher Comments
-  Student Reports
-  School Bulletin
-  Class Registration
-  Balance
-  MySchoolBucks
-  My Schedule
-  School Information

Welcome to the Winnacunnet High School Class Registration System for 2021-2022

Welcome to your freshman year! Please use the boxes below in order to select your 9th grade classes.

[View course requests](#)

Pre-selected Classes

These courses are required for all incoming students and will be automatically assigned by the system.

Number of requests to generate : 1

Freshman English ENG107 - 6 credits The freshman English	Freshman Seminar FROSH1 - 2 credits The Freshman Seminar	 
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Math Required Courses Click the edit button to request a course ➔  

Use this box to select your required math class(es).

Number of requests to generate : 1

Physical Education Required Courses Click the edit button to request a course ➔  

Use this box to select your required physical education class(es).

Number of requests to generate : 1

Science Required Courses Click the edit button to request a course ➔  

Use this box to select your required science class(es).

Number of requests to generate : 1

Social Studies Required Courses Click the edit button to request a course ➔  

Use this box to select your required social studies



For Each Subject Area, Select the Pencil Icon, and a List of Courses Will Appear.

! Subject Areas with a Red Exclamation are Required !

Navigation

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Welcome to the Winnacunnet High School Class Registration System for 2021-2022

Welcome to your freshman year! Please use the boxes below in order to select your 9th grade classes.

[View course requests](#)

Pre-selected Classes	Freshman English	Freshman Seminar	 
These courses are required for all incoming students and will be automatically assigned by the system.	ENG107 - 6 credits The freshman English	FROSH1 - 2 credits The Freshman Seminar	
Number of requests to generate : 1			

Math Required Courses	Click the edit button to request a course 	 
Use this box to select your required math class(es).		Required
Number of requests to generate : 1		

Physical Education Required Courses	Click the edit button to request a course 	
Use this box to select your required physical education class(es).		
Number of requests to generate : 1		

Science Required Courses	Click the edit button to request a course 	
Use this box to select your required science class(es).		
Number of requests to generate : 1		

Social Studies Required Courses	Click the edit button to request a course 	
Use this box to select your required social studies		

Sample Selection

Math Required Courses						
Use this box to select your required math class(es).						
	Course Name	Number	Course Description	Credits	Prerequisite Note	Alerts
<input type="checkbox"/>	Algebra 1 Accelerated	MAT125	This is an accelerated course intended for students who plan to attend a four- year college. Traditional algebra topics will be stressed including quadratic functions. In addition, selected topics from probability, statistics, and geometry will be included. Students should expect a rigorous pace with assignments every night.	6	"B" or better in 8th grade Pre-Algebra with teacher recommendation. Note: Students who took Algebra I in grade 8 may repeat Algebra I in high school for high school credit.	
<input type="checkbox"/>	Algebra 1 Prep PT 1	MAT161	This course is the first in the Algebra I series. In this course students will study algebraic topics such as operations with signed numbers, evaluating expressions, solving linear equations and inequalities, and ratios and proportions.	2	Requires Algebra I Part 2 and 3	
<input type="checkbox"/>	Algebra 1 Prep PT 2	MAT162	This course is the second in the Algebra I series. In this course students will study algebraic topics such as graphing linear equations, and	2	Requires Algebra I Part 1 and 3	

- Click on the pencil icons to select courses.
- Courses are in alphabetical order
- Read the Course Description
- Read the Perquisite Note
- The Course Recommended Will Be Bolded

Select the Course You are Requesting by Checking the Box on the Left-Hand Side and Then Click “okay” at the Bottom of the Screen

Note: If you are recommended for Algebra I, you must select all 3 parts. Algebra I part 1, Algebra I part 2 and Algebra I part 3. It will not let you submit if you do not select all 3.

Math Required Courses						
			Statistics, and geometry will be included. Students should expect a rigorous pace with assignments every night.			
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 1	MAT161	This course is the first in the Algebra I series. In this course students will study algebraic topics such as operations with signed numbers, evaluating expressions, solving linear equations and inequalities, and ratios and proportions.	2	Requires Algebra I Part 2 and 3	
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 2	MAT162	This course is the second in the Algebra I series. In this course students will study algebraic topics such as graphing linear equations, and inequalities, systems of linear equations and inequalities, and topics in both probability and statistics.	2	Requires Algebra I Part 1 and 3	
<input checked="" type="checkbox"/>	Algebra 1 Prep PT 3	MAT163	This course is the third and final course in the Algebra I series. In this course students will study algebraic topics such as rules of exponents, factoring and basic operations with polynomials. Functions.	2	Requires Algebra I Part 1 and 2	

You Must Hit Submit When Done or Classes Will Not Be Saved

You must select between 33-36 credits saved !

Technology Education Department	Click the edit button to request a course ➔	
<p>The technology education department offers a wide variety of electives including engineering, architecture, computer graphics & woodworking.</p>		
<p>Number of requests to generate : 1</p>		
World Language Department	Click the edit button to request a course ➔	
<p>The World Language department offers a wide variety of classes including Spanish, French & Latin.</p>		
<p>Number of requests to generate : 1</p>		
Additional Requests	Click the edit button to request a course ➔	
<p>Requests that are currently not associated with any requirement group.</p>		
<p>Requires between 30 and 45 credit hours.</p>		
<p>Requesting 40 credit hours.</p>		
<p>Requesting 0 additional credit hours.</p>		
		Submit

Error Messages

ducation department offers a wide
s including engineering,
puter graphics & woodworking.

sts to generate : 1

Request Submission Failed

1. You did not select a course for this requirement: **Science Department**

Department

age department

including Spanish, Portuguese, French

sts to generate : 1

sts

Click the edit button to request a course ➔

are currently not associated with any

n

Helpful Handouts

Program of Studies

WHS Diploma Requirements, pg. 3-6

Freshman Elective Courses at a Glance, pg. 21-22

Course Selection Worksheet

Guide for you- do not need to submit

Course Selection Guide Letter



A Word From Your Teachers.....

English: Mrs. Plonski

Social Studies: Mrs. Roberge

Science: Mr. Edgar

Math: Mr. Dow





**Summer Enrichment
Winnacunnet Classes of 2030 & 2029**

Monday, July 6, 2026- Thursday, July 23, 2026

Monday through Thursday 8:30-11:30 am

Thank You!

Check out the Winnacunnet
website at
www.winnacunnet.org
for updated information

If you would like a tour -
stay here

OR

Proceed to dining hall to
check out electives and
extracurricular activity fair